Start the Day with School Breakfast at Western Wayne School District

Did you know that your school offers a healthy breakfast everyday? Help make sure students are ready to learn by starting the day with



school breakfast!



Why eat school breakfast?

- 1. Increased Productivity
 - Students who eat school breakfast have better attendance rates, improved behavior, decreased tardiness, and are more likely to have better comprehension in class.
- 2. Better Health
 - It can stop hunger-related stomachaches and headaches, decreasing visits to the school nurse.
- 3. Easier Mornings
 - Eating school breakfast helps save money and gives families one less thing in the morning to worry about.

School breakfast is available to all students every day at no charge. School breakfast includes fruit or vegetables, whole grains and protein making a healthy start to the day.

Breakfast location: Breakfast in the Classroom, Hallway Kiosks, Grab and Go in Cafeterias

Breakfast time: Varies at different schools based on bell schedule.

