

Wellness Meeting Notes

August 21, 2019

Attendance:

Maria Liptak, Food Service Director
Denise Johnson, WWHS School Nurse
Elizabeth Musso, WWHS/RDW Health/PE Teacher
Matthew Fitzsimmons, WWHS Guidance
Dr. Cindy LaRosa, Assistant to the Superintendent
Dr. Matthew Barrett, Superintendent
Kerrie Fitzsimmons, Evergreen Elementary Assistant Principal
Victoria Barcarola, Parent/Community

Discussion:

- 1.) Review of school wellness report/activities done in buildings for the 2018 – 2019 school year – see attached.
- 2.) Review of Wellness Policy
Discussion regarding update to include food rewards associated with PBIS program to use minimal food rewards that are smart snack compliant.
- 3.) Triennial Assessment Tool and Report
Maria reviewed tool and that we need to have completed by the end of this school year. Different members of committee will assist in the completion of this report and forward information to Maria Liptak to compile data and complete with assistance from Cindy LaRosa.
- 4.) Classroom Rewards – group discussed use of non-food rewards to be used in classrooms. Suggestion to remind principals to review with their staff during start up meetings with staff.
- 5.) Open Discussion:
Victoria Barcarola – parent asked if we can have different choices on menus such as wraps.

Next meeting February 13, 2020 at 9 am – Western Wayne High School Cafeteria.

All are welcome to attend.