

## Vaping, e-cigarettes, and juuling... a trend with growing concern and what you need to know.

- Our schools are smoke free! This includes vapes, e-cigarettes, juuls, etc. A student caught with and in use of one of these devices on school grounds will have the same consequences as a student caught with or smoking a cigarette. What are those consequences? A school suspension and possible citation.

### So what are they?

E-cigarettes create an aerosol by using a battery to heat up liquid that usually contains **nicotine**, flavorings, and other additives. **Users inhale this aerosol into their lungs.** E-cigarettes **can also be used to deliver cannabinoids such as marijuana and other drugs.** [Source](#)



### Vapes

Vaping devices can look very different from one another. Some look like fake cigarettes, others look more like USB flashdrives, and others are large and elaborate. Some people even take the time to make and "mod" their own.



### Batteries

Vapes typically take rechargeable batteries, some even can be recharged through USB ports.



### eJuice

There is a plethora of juices that people vape. They can contain elements of marijuana, smell fruity, or contain nicotine (which most do).



### Juuls

It's one of the latest smoking devices on the market. It contains a pack of cigarettes-worth of nicotine in each pod. And it looks like a USB drive and plugs right into a computer to charge.

## Are they dangerous?

E-cigarettes are unregulated tobacco products. Studies have found toxic chemicals including an ingredient used in antifreeze and formaldehyde in e-cigarettes. Long-term effects are not known, but vaping has been linked to chronic bronchitis (aka smoker's cough), bloody sores, lung wounds that won't heal, and even cancer. Check out this [article](#) for more information.

In addition, almost all e-cigarettes contain nicotine. And it is known that the more nicotine a person uses, the greater the potential for addiction. How does the nicotine in e-cigarettes affect the brain? Until about age 25, the brain is still growing. Each time a new memory is created or a new skill is learned, stronger connections – or synapses – are built between brain cells. Young people's brains build synapses faster than adult brains. Because addiction is a form of learning, adolescents can get addicted more easily than adults. The nicotine in e-cigarettes and other tobacco products can also prime the adolescent brain for addiction to other drugs.

### Source

### Additional Information

[A very comprehensive website put together by the Surgeon General on E-cigarettes](#)

[American Lung Association's stance on E-cigarettes](#)

[An article on a new vaping tool](#)

[An article about an exploding vape on a Massachusetts school bus](#)

## Western Wayne Board Policy

### TOBACCO

Students are subject to the provisions of State Law SB1315 which calls for a summary offense fine plus court costs for violating the tobacco policy. The law defines tobacco as “a lighted or unlighted cigarette, cigar, pipe, or other lighted smoking product and smokeless tobacco in any form, including E-cigarettes.” This option may be used only once in a student’s high school career.

**First Offense:** 3 days of In-school suspension (ISS) plus Fine Tobacco Education Program In lieu of Fine,  
Referral to SAP/IMPACT

**Second Offense:** Fine and 3 days out- of-school suspension (OSS)

**Third Offense:** Fine and 3-10 days out-of-school (OSS)

Students should be aware that the mere possession of any tobacco product will result in fines plus court costs.