

WESTERN WAYNE SCHOOL DISTRICT

# UNIFIED TRACK AND FIELD

Calling all students grades 9-12. We are looking for athletes and partners to join our team.

Our club promotes a fun, competitive, and inclusive environment for students with and without disabilities.

Interested students, please sign the sign up sheet located in the high school office or contact Coach Cardamone by 2/28/2022.

For more information contact Coach Cardamone. Contact information is listed below.

## EVENTS

### TRACK

- 100 METER
- 400 METER
- 800 METER

### RELAYS

- 4 X 100 METER
- 4 X 400 METER

### FIELD

- SHOT PUT
- RUNNING LONG JUMP
- MINI JAVELIN

### CONTACT:

*Siena Cardamone - Coach*

*1 (800) 321 - 9973 option 4*

*scardamone@westernwayne.org*

*or scarda@wwsd.io*

