

My assignment is located in...

Middle School

Robert D. Wilson Elementary

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EverGreen Elementary, Robert D. Wilson
Elementary

EverGreen Elementary

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Comments and/or questions

I do feel we can do better in feeding our kids. The "Free" bkfst & lunch program is mostly processed foods..... There are horrible cereals with tons of sugar & pesticides (glyphosate as well on those cereal grains)....many food dyes banned in other nations & limited fresh fruits & veggies. Lunches are processed carbs with small amounts of healthy fats & protein. It is proven that many of these foods are related to health & behavioral disorders. This is an area I do think we are failing in. I do feel there should be alternatives such as utilizing local farmers for produce & getting back to home cooked meals. Federal standards are failing our kids & their health is suffering as the amount of toxins in our foods continues to rise.

School breakfasts are high in sugar and low in protein. Recess is taken and replaced with a work room for students missing homework or classwork.

Our school hot lunches are heavily cheese based which becomes difficult for students with dairy/lactose issues. It would be nice to see another option. Fifth graders are fed the same portion as pre-k students. Often not enough hot lunches made for older grades to get what they ordered. Students are required to take food that they don't eat or don't like so food is often wasted. It would be nice to see another beverage option besides milk.

I believe that quality of student lunches should be improved/upgraded. Nutrition and education go hand-in-hand. If we want our students' focus, energy, and mood to improve (especially in the afternoon), improving the quality to student lunches should be considered. Compared to other nations, the quality of student lunches in the United States is subpar. We should consider what other school districts (and other countries) are doing in this regard to improve nutrition in our cafeterias.

Elementary school breakfast may be meeting the nutritional values but the choices are ridiculous. Brownies and Cheez-Its??

Breakfast choices should have more options for the students. Brownies are not a good options

I think the choices of our school lunch and breakfast items are absolutely terrible. I understand meeting the criteria for nutrition, but brownies for breakfast is absurd. There are so many other options that are MUCH healthier and would also fit within the criteria.

I would be more than happy to assist in providing options, such as fruits and veggies and other choices that would be healthier for the students. Some are not receiving any healthier options at home and most students are eating 2 out of their 3 meals a day here. We should be the foundation of healthy eating habits for them.

I don't think cheese-its are a healthy breakfast.
