

Do I need IOC services?

Reach out to your Primary Care Provider (PCP) regarding our services if you are experiencing any of the following:

- Depression
- Anxiety
- Feeling overwhelmed
- Dealing with an acute stressor
- Struggling to manage chronic medical issues

Principles of IOC

- Patient-Centered Team Care
- Evidenced-Based Care
- Better outcomes both medical and psychiatric
maybe positively impacts both medical and mental health care?
- Accountable Care
Not sure that patients will understand this
- Access to behavioral health experts

**WE ARE
HERE TO
HELP!**



WAYNE MEMORIAL
COMMUNITY HEALTH
CENTERS

Administrative Offices

*Stourbridge Medical & Professional Complex
600 Maple Avenue • Honesdale PA 18431
570-251-6676 • wmchc.net*

As a Federally Qualified Health Center, WMCHC is supported in part through a grant from the U.S. Health Resources and Services Administration, Bureau of Primary Health Care. WMCHC is clinically affiliated with Wayne Memorial Health System, Inc.

CONNECTING COMMUNITY & HEALTHCARE

INTEGRATED BEHAVIORAL HEALTH SERVICES



**Treating children, adolescents
and adults**



WAYNE MEMORIAL
COMMUNITY HEALTH
CENTERS

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INTEGRATED BEHAVIORAL HEALTH SERVICES

INTEGRATED BEHAVIORAL HEALTH SERVICES AT WAYNE MEMORIAL COMMUNITY HEALTH CENTERS

Wayne Memorial Community Health Centers (WMCHC) understands the importance of whole-person care. That's why we follow an Integration of Care (IOC) model. IOC can help patients address both their physical health and behavioral health needs within their Primary Care Provider's (PCP) office.

This team approach involves close collaboration between the PCP and behavioral health specialists (therapists, social workers and behavioral health providers including psychiatrists). **A referral to establish as a new patient at a specialty office is not required.**

Addressing mental health needs at a practice where patients already receive care leads to increased access, better health outcomes and overall quality of life.

About Collaborative Care Model

Collaborative Care Model is a service where a Care Manager actively collaborates treatment with the patient, consulting psychiatrist and PCP using standardized measurement tools. This helps ensure patients are getting better and no one is falling through the cracks. **Studies have shown 50 % higher remission of depression and significantly shorter time to achieve remission (3 months vs 24 months in routine care).** Improvement in anxiety, diabetes and cardiovascular outcomes have also been noted.

The Team

Primary Care Provider – healthcare professional who provides ongoing care and management of your overall health.

Integrated Behavioral Health Care Coordinators – A designated individual with specialized behavioral health training who works under the oversight and direction of the PCP.

Behavioral Health Provider – a **medical professional in psychiatry who can diagnosis conditions, offer treatment plans and prescribe medication.**
does this mean Bre? or Barb and can Barb prescribe?

Consulting Psychiatrist – Acts as Medical Director of IOC and oversees patient care.

Dr. S is not the medical director of IOC so not sure if we should put that because he could also be the consulting psychiatrist

What can be offered:

Services offered through IOC are tailored to each patient's needs and may include:

- Behavioral Health Screening
- Real time assessment of mental health **issues** **can we say concerns? or needs?**
- Preventative care through a team approach
- Brief or expanded therapy on a flexible schedule
- Follow up care as need with a focus on **relapse prevention**

If we are not addressing SUD/ODU currently not sure we should open this can right now

