

Wellness Committee Meeting

September 24, 2024

Western Wayne District Office

3:15 PM - 4:15 PM

1. **Welcome/Attendance** taken on Act 48 sign-in sheet

2. **District Website Updated**

Committee members are updated on the website, and survey results and comments are available for public review on the Wellness page under the Community tab. All information is current.

3. **Policy 246 - School Wellness Update**

09/18/2024- The middle school reported that the vending machine was on during school hours. Cindy spoke with the vendor about the timers. **Update: This is resolved.**

The committee discussed students' access to water bottles. Filling stations are available; however, there are concerns about missed instructional time to access the filling stations and the need for reusable bottles. The committee will follow up with the Business Manager to discuss possible solutions.

Fundraising was discussed, and the district policy must be updated.

The committee discussed possible wellness incentives for faculty and students. One consideration was contacting local businesses or community resources.

4. **Student Input**

- Welcome Abbie and Lizzie!

5. **Food Service Updates/Input**

- "Be a School Wellness Champion" flyers will be shared with households and uploaded to the district website.
- The committee discussed the return of taste tests and options in the cafeteria. Food Service is trialing different options and will look into recommendations.

6. **Other Updates/Input**

- Denise continues to work on options for flu shots.
- The district is partnering with Wayne Memorial for a dental clinic. Forms are due by 10/30/2024.

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- The district continues to meet regularly with the PROSPER team. The next Mental Health First Aid webinar series is free and available to the community in November 2024. Information is on the district website.

7. **2024-2025 Meeting Schedule**

- September 24, 2024- District Office
- January 21, 2025 - District Office
- May 20205 - TBD



Our vision serves as the North Star...it points and moves everyone in the right direction and reminds us of where we are going...

“A leader(ship team) who shares a vision and a way forward is a dealer in hope, a believer in the impossible, a champion of what’s possible, and a coach who guides and inspires a team to keep improving and to keep moving forward.” ~Jon Gordon