

**LAST CHANCE TO REGISTER!!****GUIDING GOOD CHOICES**

**5<sup>th</sup> and 6<sup>th</sup> grade parents - Attend this FREE program to help your youth navigate the pressures and expectations of life during their teen years to succeed and achieve a brighter future.**

**Five sessions will be held on Tuesdays,  
October 3– November 7, 2023, from 5:30 – 8:00 p.m.  
(No program on October 31.)**

**Parents and caregivers can enhance their parenting skills by learning how to:**



- Promote health and well-being during the teen years.
- Develop healthy beliefs and clear standards for behavior.
- Deal with anger in a positive way and manage family conflict to strengthen bonds with youth.
- Protect their children from substance abuse and other problematic behaviors.
- Strengthen family bonds and increase youth's involvement in the family through the teen years.

Youth attend session 4 with parents and caregivers and will learn skills they can use to avoid peer pressure.

**Attendance  
prizes will  
be given.**

**The program is open to all parents and caregivers and their 5<sup>th</sup> and 6<sup>th</sup> grade children in the Western Wayne and Lake Ariel community. It includes a FREE dinner for the entire family and childcare for younger family members.**

For more information or to register, contact by September 25: E-mail: [prosper@westernwayne.org](mailto:prosper@westernwayne.org);  
Call: (570)878-2385; Or return registration form below to your principal.

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Adult(s) Name \_\_\_\_\_

Student Name \_\_\_\_\_ Grade \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_ # Eating dinner \_\_\_\_\_

# children needing childcare \_\_\_\_\_ Ages of children in childcare \_\_\_\_\_

The Pennsylvania State University encourages qualified persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact Karen Thomas at 570-878-2385 in advance of your participation or visit.

**This publication is available in alternative media on request.**

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