



Introducing the Strengthening Families Program: for Parents and Youth 10-14

A FREE program for parents and caregivers and their 6th grade children.

Attend this fun program to help your child transition to the middle school successfully.

Parents and caregivers can enhance their parenting skills by:

- learning to set limits and showing love.
- making house rules.
- encouraging good behavior.
- protecting their children from substance abuse.
- learning to handle stress.

The program includes a **FREE** dinner for the entire family and child care for younger family members.

Seven sessions will be held on:

- **Wednesdays starting September 27, 2017** from 5:30 – 8:00 p.m. at the Western Wayne Middle School.

Don't miss this exciting opportunity to strengthen your family and help your child transition into their teen years! Watch for announcements about the program when the next school year begins.



Kids can learn to:

- prepare for their teen years.
- communicate with their parents.
- deal with stress and peer pressure.
- avoid alcohol and drug problems.

**Students
receive prizes
for attendance!**

For more information contact:

Mrs. Donohue,
Middle school principal
(800) 321-9973 option 2

Karen Thomas
Penn State Extension
570-963-6842 ext. 1382



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