



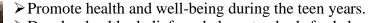
GOOD CHOICES

## **GUIDING GOOD CHOICES**

5<sup>th</sup> and 6<sup>th</sup> grade parents - Attend this FREE program to help your youth navigate the pressures and expectations of life during their teen years to succeed and achieve a brighter future.

## Five sessions will be held on Tuesdays, October 3– November 7, 2023, from 5:30 – 8:00 p.m. (No program on October 31.)

## Parents and caregivers can enhance their parenting skills by learning how to:



- Develop healthy beliefs and clear standards for behavior.
- Deal with anger in a positive way and manage family conflict to strengthen bonds with youth.
- Protect their children from substance abuse and other problematic behaviors.
- Strengthen family bonds and increase youth's involvement in the family through the teen years.

Youth attend session 4 with parents and caregivers and will learn skills they can use to avoid peer pressure.

Attendance prizes will be given.

The program is open to all parents and caregivers and their 5<sup>th</sup> and 6<sup>th</sup> grade children in the Western Wayne and Lake Ariel community. It includes a FREE dinner for the entire family and childcare for younger family members.

	or call: Or return registration	westernwayne.org (570)878-2385 form below to your prin	ncipal
Adult(s) Name			
Student Name			Grade
Address			
City		State	Zip Code
Phone	E-mail		# Eating dinner
# children needing childcare	Ages of childr	en in childcare	

The Pennsylvania State University encourages qualified persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact Karen Thomas at 570-878-2385 in advance of your participation or visit.

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