Western Wayne School District Middle School

MON	TUE	WED	THU	FRI
2 BBQ pork riblet on a wheat bun Mixed vegetables Tossed garden salad Sliced peaches	3 <u>Manager's Choice</u> Entrée Vegetable Fruit	4 <u>Manager's Choice</u> Entrée Vegetable Fruit	Teacher In-Service No School for Students	6 Last Day of School Breakfast Service Only 9 AM Dismissal for Students

Summer Meals for KIDS

Hey Parents!

When school is out this summer, look for food meal programs in your community. The Summer Food Program provides free meals to children 18 years and younger. For more information about a site near you during the summer:

Call: 211 or 1-866-3HUNGRY or 1-877-8HAMBRE

Text: "Food" or "Comida" to 877877 Visit: fns.usda.gov/summerfoodrocks



Breakfast and Lunch Meals Free for All Students

- Second Lunch Cost: \$3.75
- Milk Only Cost: \$0.50
- Adult Meal Cost: \$4.75

Daily Lunch Offerings from the Deli:

PBJ Sandwich on WG White Bread Wildcat Hoagie

Fruited Yogurt served with Graham Crackers

Daily Offering:

WG Chicken Patty on a Wheat Bun Hot or Raw Vegetable Fresh or Canned Fruit

What makes a Lunch Meal?

You must choose at least 3 of 5 components offered for the school lunch meal:

Meat/Meat Alternate Choice

Vegetable Choice

Fruit Choice

Grain/Bread Choice

Milk Choice - 1% white, Fat Free white or chocolate

**Students must choose at least 1/2 cup of fruit or vegetable daily. **

Menu subject to change due to food supply issues

Food Service Director: Maria Liptak, RD Email: mliptak@ westernwayne.org

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