

May 2025

THIS INSTITUTION IS AN EQUAL
OPPORTUNITY EMPLOYER AND
PROVIDER.

Western Wayne School District Middle School

Breakfast and Lunch Meals Free for All Students

- ♦ Second Lunch Cost: \$3.75
- ♦ Milk Only Cost: \$0.50
- ♦ Adult Meal Cost: \$4.75

Daily Lunch Offerings from the Deli:

PBJ Sandwich on WG White Bread
Wildcat Hoagie
Fruited Yogurt served with Graham Crackers

Daily Offering:

WG Chicken Patty on a Wheat Bun
Hot or Raw Vegetable
Fresh or Canned Fruit

What makes a Lunch Meal?

You must choose at least 3 of 5 components offered for the school lunch meal:

Meat/Meat Alternate Choice
Vegetable Choice
Fruit Choice
Grain/Bread Choice
Milk Choice - 1% white, Fat Free white or chocolate

****Students must choose at least 1/2 cup of fruit or vegetable daily. ****

Menu subject to change due to food supply issues

Food Service Director: Maria Liptak, RD
Email: mliptak@westernwayne.org
Phone: 570-937-3085

Nutrition Tip Of The Month


Turn over a new leaf!
Leafy greens contain
potassium, folate/folic
acid, iron, fiber, calcium,
magnesium and Vitamin A
just to name a few.

MON	TUE	WED	THU	FRI
			1 BBQ pork riblet on a wheat bun Sweet potato puffs Creamy coleslaw Paradise punch juice box Sliced pears	2 WG round pizza Steamed broccoli Celery sticks with hummus Strawberry cup
5 <u>Cinco de Mayo</u> Walking Tacos Doritos with beef taco meat, lettuce, cheese, salsa and sour cream Corn Apple churro Diced peaches	6 WG Hot-N-Spicy chicken patty on a wheat bun Baked tater tots Lettuce and tomato slices Pineapple tidbits	7 <u>Brunch for Lunch</u> WG French toast sticks with sausage Hash brown triangle Syrup Applesauce cup Orange-pineapple juice	8 WG mini corndog nuggets Crinkle cut fries Fresh baby carrots with ranch dip Mixed fruit WG chocolate chip cookie	9 WG stuffed crust pizza Orange glazed carrots Tossed garden salad Petite banana
12 Cheesy chicken quesadilla Brown rice Salsa and sour cream Corn Craisins	13 Sloppy joe on a wheat bun Hash brown patty Peas Sliced pears	14 Meatball parm hoagie Green beans Romaine salad Apple slices	15 WG chicken tenders Wheat dinner roll Potatoes that smile Marinated bean salad Mandarin oranges	16 WG Mickey's red pizza slice California vegetable blend Fresh baby carrots with ranch dip Strawberry applesauce cup

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MON	TUE	WED	THU	FRI
19 Potato and cheese pierogies Wheat dinner roll Mixed vegetables Tossed garden salad Strawberry cup	20 WG rotini with meat sauce Garlic breadstick Green beans Romaine salad Diced peaches	21 Hot turkey and cheese on a wheat pretzel bun Vegetarian baked beans Celery sticks with hummus Applesauce cup	22 Hamburger or cheeseburger on a wheat bun Oven baked fries Lettuce and tomato slices Pineapple tidbits	23 Early Dismissal WG assorted pizza Steamed broccoli Fresh baby carrots with ranch dip Sour watermelon raisins
26 SCHOOL IS CLOSED! 	27 WG chicken nuggets Wheat dinner roll Potatoes that smile Romaine salad with roasted chick peas Mandarin oranges	28 Brunch for Lunch WG French toast sticks with sausage Hash brown patty Syrup Strawberry applesauce cup Orange mango juice box	29 Hot dog on a wheat bun Vegetarian baked beans Creamy coleslaw Paradise punch juice box Strawberry cup	30 WG French bread pizza slice Mixed vegetables Fresh baby carrots with ranch dip Sidekick frozen juice cup Petite banana

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All overdrawn accounts must be paid by **May 30, 2025.**

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