April 2025

## Western Wayne School District High School



## Breakfast and Lunch Meals <u>Free</u> for All Students

MON	TUE	WED	THU	FRI	<ul> <li>Second Lunch Cost: \$3.75</li> <li>Milk Only Cost: \$0.50</li> <li>Adult Meal Cost: \$4.75</li> </ul>
Earth Day April 22	1 <b>Wildcat Bowl</b> WG popcorn chicken pieces topped with mashed potatoes, corn, cheddar cheese and gravy Wheat dinner roll Broccoli salad Mandarin oranges	2 Macaroni and cheese with a wheat breadstick Steamed broccoli Stewed tomatoes Sidekick frozen juice cup Fresh apple slices	3 BBQ pork riblet on a wheat bun Sweet potato puffs Creamy coleslaw Sliced pears	4 WG Big Daddy four cheese pizza slice Mixed vegetables Romaine salad with roasted chick peas Strawberry applesauce cup	Daily Lunch Offerings from the Deli:         PBJ Sandwich on WG White Bread         Wildcat Hoagie         Fruited Yogurt served with Graham Crackers         Daily Offering:         WG Chicken Patty on a Wheat Bun         Hot or Raw Vegetable         Fresh or Canned Fruit         What makes a Lunch Meal?         You must choose at least 3 of 5 components         offered for the school lunch meal:         Meat/Meat Alternate Choice
7 Cheesy chicken quesadilla Brown rice Salsa cup Buttered corn Strawberry cup	8 WG Hot-N-Spicy chicken patty on a wheat bun Baked tater tots Lettuce and tomato slices Diced peaches	9 <b>Brunch for Lunch</b> WG French toast sticks with sausage Hash brown triangle Syrup cup Applesauce cup Mango splash juice box	10 WG mini corndog nuggets Crinkle cut fries Celery sticks with hummus Mixed fruit	11 WG stuffed crust pizza slice Orange glazed carrots Tossed garden salad Petite banana	Vegetable Choice Fruit Choice Grain/Bread Choice Milk Choice - 1% white, Fat Free white or chocolate **Students <u>must</u> choose at least 1/2 cup of fruit or vegetable daily. ** * <b>Menu subject to change due to food supply</b> issues* Food Service Director: Maria Liptak, RD Email: mliptak@ westernwayne.org Phone: 570-937-3085
14 Cheeseburger or hamburger on a wheat bun Oven baked fries Lettuce and tomato slices Pineapple tidbits	15 Meatball parmesan hoagie Green beans Cucumber slices Pear slices	16 WG potato and cheese pierogies Wheat breadstick Mixed vegetables Romaine salad Applesauce cup	17 Early Dismissal WG chicken tenders Wheat dinner roll Potato wedges Fresh baby carrots with ranch dip Mixed berry cup	18 SCHOOL IS CLOSED! EASTER BREAK	Mutrition Tip of the Month PROVIDER.         Nutrition Tip of the Month Benefits of Healthy Eating for Children         Support brain development         Healthy growth         Immunity

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THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.

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MON	TUE	WED	THU	FRI	Breakfast and Lunch Meals Free for All Students
21 School Closed	22 WG chicken nuggets Wheat dinner roll Potatoes that smile Paradise punch juice box Mandarin oranges Apple slices	23 Hot dog on a wheat bun Vegetarian baked beans Fresh baby carrots with ranch dip Sliced pears Applesauce cup	24 Tomato soup with WG goldfish crackers The Max mozzarella sticks Tossed garden salad Diced peaches Strawberry cup	25 WG Mickey's red pizza slice Green beans Mixed fruit Sidekick frozen juice cup Petite banana	<ul> <li>Second Lunch Cost: \$3.75</li> <li>Milk Only Cost: \$0.50</li> <li>Adult Meal Cost: \$4.75</li> </ul> Daily Lunch Offerings from the Deli: PBJ Sandwich on WG White Bread Wildcat Hoagie Fruited Yogurt served with Graham Crackers Daily Offering: WG Chicken Patty on a Wheat Bun Hot or Raw Vegetable Fresh or Canned Fruit
28 Soft beef taco with lettuce, tomato, cheese, and salsa Corn Watermelon spears WG chocolate chip cookie	29 Chicken alfredo with a twist Garlic breadstick Steamed broccoli Romaine salad Pineapple tidbits Sour watermelon raisins	30 Hot turkey and cheese on a pretzel roll Hash brown triangle Marinated bean salad Apple slices Mixed fruit			What makes a Lunch Meal?         You must choose at least 3 of 5 components         offered for the school lunch meal:         Meat/Meat Alternate Choice         Vegetable Choice         Fruit Choice         Grain/Bread Choice         Milk Choice - 1% white, Fat Free white or chocolate         **Students <u>must</u> choose at least 1/2 cup of fruit or vegetable daily. **         *Menu subject to change due to food supply issues*

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Nutrition Tip of the Month Benefits of Healthy Eating for Children
<ul> <li>Support brain development</li> <li>Healthy growth</li> </ul>
Immunity

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