April 2025

Western Wayne School District EverGreen and Robert D. Wilson Schools

MON	TUE	WED	THU	FRI
	1 WG popcorn chicken pieces Wheat dinner roll Mashed potatoes with gravy Corn Mandarin oranges	2 Macaroni and cheese WG goldfish crackers Steamed broccoli Stewed tomatoes Sidekick frozen juice cup	3 BBQ pork riblet on a wheat bun Sweet potato puffs Paradise punch juice box Sliced pears	4 WG Big Daddy four cheese pizza slice Mixed vegetables Romaine salad with roasted chick peas Strawberry applesauce cup
7 Cheesy chicken quesadilla Brown rice Salsa cup Buttered corn Strawberry cup	8 WG chicken patty on a wheat bun Baked tater tots Lettuce and tomato slices Diced peaches	9 Brunch for Lunch WG French toast sticks with sausage patty Hash brown triangle Syrup cup Applesauce cup Mango splash juice box	10 WG mini turkey corndog nuggets Crinkle cut fries Celery sticks with hummus Mixed fruit	11 WG stuffed crust pizza slice Orange glazed carrots Tossed garden salad Petite banana
14 Cheeseburger or hamburger on a wheat bun Oven baked fries Lettuce and tomato slices Pineapple tidbits	15 Sloppy joe on a wheat bun Hash brown patty Cucumber slices Sliced pears	16 WG potato and cheese pierogies Wheat breadstick Mixed vegetables Romaine salad Applesauce cup	17 <u>Early Dismissal</u> WG chicken tenders Wheat dinner roll Potato wedges Fresh baby carrots with ranch dip Mixed berry cup	18 Easter Break
21 School Closed	22 WG chicken nuggets Wheat dinner roll Potatoes that smile Paradise punch juice box Mandarin oranges	23 Hot dog on a wheat bun Vegetarian baked beans Fresh baby carrots with ranch dip Sliced pears	24 Tomato soup with saltine crackers The max mozzarella sticks Tossed garden salad Diced peaches	25 WG cheese lasagna rollup Wheat breadstick Green beans Mixed fruit
28 Soft beef taco with lettuce, tomato and cheese cup Salsa cup Corn Watermelon Raisins WG chocolate chip cookie	29 Chicken alfredo pasta Garlic breadstick Steamed broccoli Romaine salad Pineapple tidbits	30 Hot turkey and cheese on a wheat pretzel bun Hash brown triangle Marinated bean salad Apple slices	Earth Day April 22	

Breakfast and Lunch Meals <u>Free</u> for All Students

- Second Lunch Cost: \$3.00
- Milk Only Cost: \$0.50
- Adult Meal Cost: \$4.75

Daily Lunch Offerings from the Deli:

Smucker's PBJ uncrustable with string cheese Turkey Sandwich on WG white bread Fruited Yogurt served with Graham Crackers EZ Jammers (peanut free) Uncrustables

 What Makes a Lunch Meal?

 You must choose at least 3 of 5 components offered

 for the school lunch meal:

 Meat/Meat Alternate Choice

 Vegetable Choice

 Fruit Choice

 Grain/Bread Choice

 Milk Choice - 1% white, Fat Free white or chocolate

 **Students <u>must</u> choose at least 1/2 cup of fruit

 or vegetable daily at lunch for a reimbursable meal.**

> *Menu subject to change due to food supply issues*

Food Service Director: Maria Liptak, RD Email: mliptak@westernwayne.org Phone: 570-937-3085

Nutrition Tip Of The M	onth
Benefits of Healthy Eati <u>Children</u>	ng for
Support brain developHealthy growth	ment
 Immunity 	

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER.