


March 2025

Western Wayne School District
EverGreen and Robert D. Wilson Schools

Breakfast and Lunch Meals
Free for All Students

MON	TUE	WED	THU	FRI
3 BBQ pork riblet on a wheat bun Golden corn Fresh broccoli tops Fresh apple slices	4 WG popcorn chicken pieces Wheat dinner roll Mashed potatoes with gravy Mandarin oranges	5 <u>Ash Wednesday</u> Macaroni and cheese Wheat breadstick Steamed broccoli Stewed tomatoes Sidekick frozen juice cup	6 Hot ham and cheese on a wheat pretzel bun Sweet potato fries Fresh baby carrots with ranch dip Mixed fruit	7 WG Big Daddy four cheese pizza Mixed vegetables Romaine salad with roasted chick peas Strawberry applesauce cup
NATIONAL SCHOOL BREAKFAST WEEK: MARCH 3-7, 2025				
10 Doritos walking beef taco with lettuce, cheese, salsa and sour cream Corn Mixed berry cup WG chocolate chip cookie	11 WG chicken patty on a wheat bun Baked tator tots Lettuce and tomato slices Diced peaches	12 <u>Brunch for Lunch</u> WG French toast sticks with syrup Hash brown triangle Sausage patty Applesauce cup	13 WG mini turkey corndog nuggets Crinkle cut fries Celery sticks with hummus Sliced pears	14 <u>Early Dismissal</u> WG stuffed crust pizza slice Green beans Paradise punch juice box Pineapple tidbits
17 Cheesesteak wrap Sweet potato puffs Green peas Strawberry-kiwi sidekick frozen juice cup WG sugar cookie with green sprinkles	18 Sloppy joe on a wheat bun Hash brown patty Cucumber slices Mixed fruit	19 WG potato and cheese pierogies Sour cream Wheat breadstick Orange glazed carrots Romaine salad Applesauce cup	20 WG chicken tenders Wheat dinner roll Potatoes that smile Marinated bean salad Mandarin oranges	21 WG French bread pizza California vegetable blend Tossed garden salad Petite banana
24 Cheeseburger or hamburger on a wheat bun Oven baked fries Lettuce and tomato slices Watermelon Raisins	25 WG chicken nuggets Wheat dinner roll Potatoes that smile Paradise punch juice box Pineapple tidbits	26 Hot dog on a wheat bun Vegetarian baked beans Fresh baby carrots with ranch dip Applesauce cup	27 Tomato soup with goldfish crackers Toasted cheese sandwich on WG white bread Tossed garden salad Diced peaches	28 WG Mickey's red pizza slice Steamed broccoli Sliced pears
31 WG rotini with meat sauce Garlic breadstick Green beans Mixed berry cup		March 17, 2025 St. Patrick's Day 		

- Second Lunch Cost: \$3.00
- Milk Only Cost: \$0.50
- Adult Meal Cost: \$4.75

Daily Lunch Offerings from the Deli:

- Smucker's PBJ uncrustable with string cheese
- Turkey Sandwich on WG white bread
- Fruited Yogurt served with Graham Crackers
- EZ Jammers (peanut free) Uncrustables

What Makes a Lunch Meal?

You must choose at least 3 of 5 components offered for the school lunch meal:

- Meat/Meat Alternate Choice
- Vegetable Choice
- Fruit Choice
- Grain/Bread Choice
- Milk Choice - 1% white, Fat Free white or chocolate

Students must choose at least 1/2 cup of fruit or vegetable daily at lunch for a reimbursable meal.

Menu subject to change due to food supply issues

Food Service Director: Maria Liptak, RD
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Nutrition Tip of the Month

March is National Nutrition Month
"Food Connects Us"
Make informed food choices and develop sound eating and physical activity habits.