


February 2025

Western Wayne School District
EverGreen and Robert D. Wilson Schools

**Breakfast and Lunch Meals
Free for All Students**

MON	TUE	WED	THU	FRI
3 Doritos walking taco with lettuce, cheese, salsa and sour cream Corn Fresh apple slices WG chocolate chip cookie	4 WG popcorn chicken pieces Wheat dinner roll Mashed potatoes with gravy Peas Mandarin oranges	5 WG rotini with meatballs and a garlic breadstick Green beans Tossed garden salad Pineapple tidbits	6 WG mini turkey corn dog nuggets Crinkle cut fries Celery sticks with ranch dip Diced pears	7 National Wear Red Day WG Big Daddy four cheese pizza Mixed vegetables Romaine salad Strawberry applesauce cup
10 Hot ham and cheese on a wheat pretzel bun Vegetarian baked beans Fresh baby carrots with ranch dip Mixed fruit	11 WG chicken patty on a wheat bun Baked tator tots Lettuce and tomato slices Sliced peaches	12 Brunch for Lunch WG French toast sticks with syrup Hashbrown triangle Sausage patty Fresh apple slices	13 Macaroni and cheese Wheat breadstick Steamed broccoli Stewed tomatoes Strawberry cup	14 Early Dismissal WG stuffed crust pizza slice Green beans Paradise punch juice box Sidekick frozen juice cup
17 NO SCHOOL 	18 Cheesesteak wrap Sweet potato puffs Fresh broccoli tops with ranch dip Mixed fruit	19 WG potato and cheese pierogies Wheat breadstick Orange glazed carrots Romaine salad Applesauce	20 WG chicken tenders Wheat dinner roll Hash brown patty Marinated black bean salad Mandarin oranges	21 WG French bread pizza California vegetable blend Tossed garden salad Petite banana
24 Cheeseburger or hamburger on a wheat bun Oven baked fries Lettuce and tomato slices Craisins	25 WG chicken nuggets Wheat dinner roll Potatoes that smile Cucumber slices Pineapple tidbits	26 Hot dog on a wheat bun Vegetarian baked beans Fresh baby carrots with ranch dip Orange quarters	27 Tomato soup with saltines Toasted cheese sandwich on WG white bread Tossed garden salad Diced peaches	28 WG Mickey's red pizza slice Steamed broccoli Celery sticks with hummus Sliced pears

- Second Lunch Cost: \$3.00
- Milk Only Cost: \$0.50
- Adult Meal Cost: \$4.75

Daily Lunch Offerings from the Deli:

- Smucker's PBJ uncrustable with string cheese
- Turkey Sandwich on WG white bread
- Fruited Yogurt served with Graham Crackers
- EZ Jammers (peanut free) Uncrustables

What Makes a Lunch Meal?

You must choose at least 3 of 5 components offered for the school lunch meal:

- Meat/Meat Alternate Choice
- Vegetable Choice
- Fruit Choice
- Grain/Bread Choice
- Milk Choice - 1% white, Fat Free white or chocolate

Students must choose at least 1/2 cup of fruit or vegetable daily at lunch for a reimbursable meal.

Menu subject to change due to food supply issues

Food Service Director: Maria Liptak, RD
Email: mliptak@westernwayne.org
Phone: 570-937-3085

Nutrition Tip Of The Month

National Wear Red Day is a day when many people wear red to show their support of heart disease.



February 14, 2025

Happy Valentine's Day!

