




Western Wayne School District
EverGreen and Robert D. Wilson Schools

December 2024

**Breakfast and Lunch Meals
Free for All Students**

- ♦ Second Lunch Cost: \$3.00
- ♦ Milk Only Cost: \$0.50
- ♦ Adult Meal Cost: \$4.75

MON	TUE	WED	THU	FRI
<p>2</p> <p>School Closed</p> 	<p>3 WG cheese lasagna rollup Garlic breadstick Steamed green beans Mixed fruit</p>	<p>4WG chicken patty on a wheat bun Rainbow pasta salad Fruitable juice box Mandarin oranges</p>	<p>5 WG mini turkey corn dog nuggets Crinkle cut fries Fresh baby carrots with ranch dip Diced pears WG chocolate chip cookie</p>	<p>6 WG French bread pizza California vegetable blend Romaine salad with roasted chick peas Sliced peaches</p>
<p>9 Hamburger or cheeseburger on a wheat bun Oven baked fries Lettuce and tomato slices Pineapple tidbits</p>	<p>10 Potato and cheese pierogies served with a wheat dinner roll Mixed vegetables Sidekick frozen juice cup</p>	<p>11 Walking taco with lettuce, cheese, salsa and sour cream Golden corn Fresh apple slices</p>	<p>12 WG chicken tenders with wheat dinner roll Potatoes that smile Romaine salad Mixed fruit</p>	<p>13 WG Mickey's red pizza slice Steamed broccoli Celery sticks with ranch dip Petite banana</p>
<p>16 Sloppy joe on a wheat bun Sweet potato puffs Tossed garden salad Diced peach cup</p>	<p>17 Tomato soup with saltine crackers Toasted cheese sandwich on WG white bread Fresh broccoli tops with ranch dip Diced pears</p>	<p>18 Brunch for Lunch WG French toast sticks with syrup Sausage patty Hash brown triangle Applesauce cup</p>	<p>19 WG chicken nuggets with wheat dinner roll Mashed potatoes with gravy Watermelon spears WG candy cane sugar cookie</p>	<p>20 WG round pizza Orange glazed carrots Romaine salad with roasted chick peas Pineapple tidbits</p>
<p>23 Early Dismissal Cheesy pull-aparts with marinara sauce cup Tossed garden salad Fruitable juice box Mixed berry cup</p>	<p>Merry Christmas!</p>  <p>School Closed December 24, 2024 - January 1, 2025. School Resumes January 2, 2025.</p> 			

Daily Lunch Offerings from the Deli:

- Smucker's PBJ uncrustable with string cheese
- Turkey Sandwich on WG white bread
- Fruited Yogurt served with Graham Crackers
- EZ Jammers (peanut free) Uncrustables

What Makes a Lunch Meal?

You must choose at least 3 of 5 components offered for the school lunch meal:

- Meat/Meat Alternate Choice
- Vegetable Choice
- Fruit Choice
- Grain/Bread Choice
- Milk Choice - 1% white, Fat Free white or chocolate

Students must choose at least 1/2 cup of fruit or vegetable daily at lunch for a reimbursable meal.

Menu subject to change due to food supply issues

Food Service Director: Maria Liptak, RD
Email: mliptak@westernwayne.org
Phone: 570-937-3085

Nutrition Tip Of The Month

Include fruits and vegetables during the winter months that are packed with Vitamin C to help keep the immune system strong.