




February 2019

Western Wayne School District  
EverGreen and Robert D. Wilson Schools  
Pre-K and Head Start

Menu Subject to Change

MON	TUE	WED	THU	FRI
<p><b>National Wear Red Day</b> takes place on <b>February 1, 2019. Wear red to show your support for the awareness of heart disease.</b></p>	<p><b><u>Nutrition Tip Of The Month</u></b> Help children make a positive association with healthy food choices and a healthy heart.</p>	<p><b>Chinese New Year February 5<sup>th</sup></b> </p>	<p><b><u>Please ensure that your child's account has adequate funds for their meal purchases. Parents are encouraged to set up low balance web alerts through: <a href="http://www.my.schoolaccount.com">www.my.schoolaccount.com</a></u></b></p>	<p>1 WG Mickey's <b>Red</b> pizza slice Mixed vegetables <b>Red</b> delicious apple</p>
<p>4 Bosco pepperoni and cheese sticks with marinara sauce cup Cauliflower and broccoli blend Diced peaches</p>	<p>5 <b><u>Chinese New Year</u></b> WG tangerine chicken Vegetable fried rice Steamed broccoli Pineapple tidbits Fortune cookie</p>	<p>6 WG chicken tenders served with dipping sauce Potatoes that smile Mandarin oranges</p>	<p>7 Hot ham and cheese on a wheat pretzel bun Hash brown patty Applesauce cup</p>	<p>8 WG round pizza Romaine salad with roasted chick peas Petite banana</p>
<p>11 WG rotini with meat sauce served with a wheat bread stick Steamed green beans Fresh apple slices</p>	<p>12 Soft beef taco with shredded lettuce, tomato, cheese and salsa Buttered corn Pineapple tidbits</p>	<p>13 Hot dog on a wheat bun Vegetarian baked beans Mixed fruit</p>	<p>14 WG chicken nuggets served with dipping sauce Emoticon mashed potato fries Heart shaped sugar cookie with red sprinkles</p>	<p>15 <b><u>Early Dismissal</u></b> WG French bread pizza Steamed broccoli Sliced pears</p>
<p>18 <b>NO SCHOOL</b> </p>	<p>19 WG chicken patty on a wheat bun Lettuce and tomato slices Mandarin oranges</p>	<p>20 <b><u>Brunch for Lunch</u></b> WG French toast sticks with syrup Sausage patty Hash brown patty Applesauce cup</p>	<p>21 Meatball hoagie Steamed green beans Fresh orange</p>	<p>22 WG stuffed crust pizza slice Tossed garden salad Pineapple tidbits</p>
<p>25 Macaroni and cheese Stewed tomatoes Mixed fruit</p>	<p>26 WG mini turkey corn dog nuggets Crinkle cut fries Wild blueberry cup with whipped topping</p>	<p>27 Hamburger or cheeseburger on a wheat bun Vegetarian baked beans Fresh apple</p>	<p>28 Tomato soup served with wheat crackers Toasted cheese sandwich on wheat bread Sliced peaches</p>	<p><b>February 14, 2018</b>  <b>Happy Valentine's Day!</b></p>

**Daily Alternates:**  
Smucker's PBJ uncrustable  
-or-  
Fruited Yogurt with Graham Crackers

**Milk Choices Offered Daily at Lunch**  
1% Low Fat White  
-or-  
Fat Free White

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RD  
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