



**Western Wayne School District  
EverGreen and Robert D. Wilson Schools  
Pre-K and Head Start**

**December 2018**

*Menu Subject to Change*

MON	TUE	WED	THU	FRI
3 Cheesesteak wrap Sweet potato fries Mixed fruit	4 Hamburger or cheeseburger on a wheat bun Vegetarian baked beans Strawberry cup	5 WG mini turkey corn dog nuggets Crinkle cut fries Pineapple tidbits	6 Tomato soup served with wheat crackers Toasted grilled cheese on wheat bread Steamed broccoli Apple slices	7 WG French bread pizza Romaine salad with turkey strips Petite banana
10 WG popcorn chicken, mashed potatoes and corn served with gravy and a wheat dinner roll Applesauce cup	11 WG cheese lasagna rollup served with a wheat breadstick Tossed garden salad with chick peas Orange quarters	12 Meatball hoagie Steamed green beans Mixed berry cup	13 Sloppy joe on a wheat bun Baked tater tots Cucumber slices Diced peaches	14 WG Mickey's wedge pizza slice Mixed vegetables Apple slices with peanut butter
17 WG chicken nuggets served with a wheat dinner roll and dipping sauce Emoticon mashed potato shapes Pear slices	18 WG rotini with meat sauce served with a wheat breadstick Steamed green beans Pineapple tidbits	19 <b><u>Brunch for Lunch</u></b> WG French toast sticks with syrup Sausage patty Hash brown patty Applesauce cup	20 Turkey with gravy over a biscuit Mashed potatoes with low fat gravy Buttered corn Apple slices	21 <b><u>Early Dismissal</u></b> Big Daddy WG cheese pizza slice California vegetable blend Petite banana with peanut butter
		<b>Merry Christmas!</b> <b>December 25, 2018</b> 	<b><u>Nutrition Tip Of The Month</u></b>  Ring in a healthy new year by teaching kids the importance of food nutrition and eating skills.	

**Daily Alternates:**  
Smucker's PBJ uncrustable  
-or-  
Fruited Yogurt with Graham Crackers

**Milk Choices Offered Daily at Lunch**  
1% Low Fat White  
-or-  
Fat Free White

**\*Menu subject to change\***

Food Service Director: Maria Liptak,  
RD  
Email: mliptak@westernwayne.org  
Phone: 570-937-3085