

MON	TUE	WED	THU	FRI
	<p>1 <b>A</b> Soft beef taco with shredded lettuce, tomato, cheese and salsa <b>B</b> WG meat lover's stromboli with marinara dipping sauce <b>Sides:</b> Brown rice Refried beans Mandarin oranges Fresh apple</p>	<p>2 <b>A</b> Hot ham and cheese on a pretzel bun <b>B</b> Cheesesteak wrap <b>Sides:</b> Hash brown patty Celery sticks with ranch dip Pineapple tidbits Craisins</p>	<p>3 <b>A</b> WG turkey corndog nuggets <b>B</b> WG chicken drummies served with a wheat biscuit <b>Sides:</b> Crinkle cut fries Fresh baby carrots Diced pears Fresh apple slices</p>	<p>4 <b>A</b> WG Big Daddy Harvest wedge pizza slice <b>B</b> Veal parm on a wheat bun <b>Sides:</b> Orange glazed carrots Tossed garden salad Mixed fruit Petite banana</p>
<p>7 <b>A</b> Hot-n-spicy chicken patty on a wheat bun <b>B</b> Grilled chicken on a wheat bun <b>Sides:</b> Vegetarian baked beans Lettuce and tomato slices Applesauce cup Fruitable juice box</p>	<p>8 <b>A</b> WG rotini with meatballs served with a wheat breadstick <b>B</b> WG cheese calzone <b>Sides:</b> Steamed green beans Romaine salad Peach slices Strawberry cup</p>	<p>9 <b>A</b> WG chicken nuggets served with a wheat dinner roll and dipping sauce <b>B</b> BBQ pork riblet on a wheat bun <b>Sides:</b> Potatoes that smile Fresh baby carrots Sliced pears Fresh apple</p>	<p>10 <b>A</b> Toasted cheese sandwich on wheat bread <b>B</b> WG cheese quesadilla pizza slice <b>Sides:</b> Tomato soup with wheat saltine crackers Assorted raw vegetables Pineapple tidbits Fresh apple</p>	<p>11 <b>A</b> WG stuffed crust pizza slice <b>B</b> Potato and cheese pierogies <b>Sides:</b> Steamed broccoli Tossed garden salad Mandarin oranges Fresh apple slices</p>
<p>14 <b>A</b> Bosco pepperoni and cheese sticks with marinara sauce cup <b>B</b> WG buffalo chicken tenders served with a wheat dinner roll <b>Sides:</b> California vegetable blend Tossed garden salad WG mini chocolate chip cookies Craisins</p>	<p>15 <b>A</b> WG lightly breaded chicken tenders served with a wheat dinner roll <b>B</b> WG Southwest chicken egg roll <b>Sides:</b> Brown rice Seasoned peas Applesauce cup Fresh apple</p>	<p>16 <b>A</b> Hot dog on a wheat bun <b>B</b> Hot-n-spicy chicken patty on a wheat bun <b>Sides:</b> Vegetarian baked beans Assorted raw vegetables Diced peaches 100% apple juice</p>	<p>17 <b>A</b> Sloppy joe on a wheat bun <b>B</b> Cheesesteak wrap <b>Sides:</b> Baked tater tots Tossed garden salad Mixed fruit Orange quarters</p>	<p>18 <b>A</b> WG Mickey's red pizza slice <b>B</b> WG stuffed shells served with a wheat breadstick <b>Sides:</b> Mixed vegetables Spinach salad Pineapple tidbits Petite banana</p>

**LUNCH MEAL PRICES**

\$2.75—MIDDLE SCHOOL  
\$0.40—REDUCED  
\$0.50—MILK VARIETY  
\$3.50 ADULT LUNCH PRICE

**DAILY LUNCH OFFERINGS**

**HOT ENTRÉES**

CHOICES INCLUDE A WHOLE GRAIN CHICKEN PATTY ON A WHEAT BUN

**DELI OPTIONS:**

WILDCAT HOAGIE  
PEANUT BUTTER AND JELLY  
CHEF SALAD  
YOGURT

**\*STUDENTS MUST TAKE A 1/2 CUP OF FRUIT OR VEGETABLES DAILY\***

**BREAKFAST MEAL PRICES**

\$1.25—MIDDLE SCHOOL  
\$0.30—REDUCED

**DAILY BREAKFAST OFFERINGS**

WHOLE GRAIN CEREAL OR CEREAL BAR  
100% FRUIT JUICE  
FRESH FRUIT  
MILK—VARIETY

**HOT ITEM EVERY FRIDAY**

**MILK VARIETY**


FAT FREE WHITE  
FAT FREE CHOCOLATE  
1% WHITE  
LACTAID

**NUTRITION TIP OF THE MONTH**

Teach children to make healthy choices that start at home.

May 2018

Western Wayne School District  
Middle School

MON	TUE	WED	THU	FRI
<p>21 <b>A</b> Macaroni and cheese <b>B</b> WG Mickey’s white pizza slice <b>Sides:</b> Stewed tomatoes Raw broccoli tops Pear slices Raisins</p>	<p>22 <b>A</b> Hamburger or cheeseburger on a wheat bun <b>B</b> BBQ shredded pork on a wheat bun <b>Sides:</b> Sweet potato fries Lettuce and tomato slices Mandarin oranges Fresh apple</p>	<p>23 <b>Brunch for Lunch</b> WG French toast sticks served with syrup Sausage patty Hash brown patty Orange quarters 100% orange juice</p>	<p>24 <b>A</b> Chicken alfredo with a twist served with a wheat breadstick <b>B</b> WG meat lover’s stromboli with marinara sauce cup <b>Sides:</b> Seasoned peas Tossed garden salad Applesauce cup Fresh apple</p>	<p>25 <b>Early Dismissal</b> <b>A</b> WG French bread pizza <b>B</b> WG chicken patty on a wheat bun <b>Sides:</b> Broccoli and cauliflower blend Romaine salad with chick peas Fresh apple slices Fruitable juice box</p>
<p>28 <b>SCHOOL IS CLOSED!</b> <i>Memorial Day</i> </p>	<p>29 <b>A</b> Cheesesteak wrap <b>B</b> Hot-n-spicy chicken patty on a wheat bun <b>Sides:</b> Sweet potato bites Tossed garden salad Applesauce cup Raisins</p>	<p>30 <b>A</b> Buffalo chicken hoagie <b>B</b> WG mini pierogies <b>Sides:</b> Mixed vegetables Celery sticks with blue cheese Sliced pears Fresh apple</p>	<p>31 <b>A</b> WG cheese lasagna rollup served with a wheat breadstick <b>B</b> WG cheese calzone <b>Sides:</b> Steamed green beans Tossed garden salad Mixed fruit Fresh apple slices</p>	<p><u><b>Nutrition Tip Of The Month</b></u>  Teach children to make healthy choices that start at home.</p>

*USDA is an equal opportunity employer and provider.*

**MENU SUBJECT TO CHANGE**

LUNCH MEAL PRICES

\$2.75—MIDDLE SCHOOL  
\$0.40—REDUCED  
\$0.50—MILK VARIETY  
\$3.50 ADULT LUNCH PRICE

DAILY LUNCH OFFERINGS

HOT ENTRÉES

CHOICES INCLUDE A WHOLE GRAIN CHICKEN PATTY ON A WHEAT BUN

DELI OPTIONS:

WILDCAT HOAGIE  
PEANUT BUTTER AND JELLY  
CHEF SALAD  
YOGURT

\*STUDENTS MUST TAKE A 1/2 CUP OF FRUIT OR VEGETABLES DAILY\*

<u>BREAKFAST MEAL PRICES</u>
\$1.25—MIDDLE SCHOOL \$0.30—REDUCED
<u>DAILY BREAKFAST OFFERINGS</u>
WHOLE GRAIN CEREAL OR CEREAL BAR 100% FRUIT JUICE FRESH FRUIT MILK—VARIETY
<u>HOT ITEM EVERY FRIDAY</u>

All overdrawn accounts must be paid by **June 15, 2018**; after that meals must be pre-paid before service.

To check your students food service account balance log into [myschoolaccount.com](http://myschoolaccount.com) or call the food service office at 570-937-3085.

MILK VARIETY

FAT FREE WHITE  
FAT FREE CHOCOLATE  
1% WHITE  
LACTAID