

May 2018

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Western Wayne School District  
EverGreen and Robert D. Wilson Schools

MENU SUBJECT TO CHANGE

LUNCH MEAL PRICES

\$2.35 - ELEMENTARY  
\$0.40 - REDUCED  
\$0.50 - MILK VARIETY  
\$3.50 ADULT LUNCH PRICE

DAILY LUNCH OFFERINGS

**HOT ENTRÉE**

**OR**

**DELI OPTIONS:**

TURKEY ON WHOLE GRAIN WHITE BREAD  
PEANUT BUTTER AND JELLY UNCRUSTABLE

CHEF SALAD

YOGURT

**YOU MUST CHOOSE AT LEAST 3 OF THE 5 COMPONENTS AVAILABLE FOR THE SCHOOL LUNCH PRICE:**

**LUNCH PRICE:**

MEAT/MEAT ALTERNATE

VEGETABLE

FRUIT

GRAIN/BREAD

MILK

**\*STUDENTS MUST TAKE A 1/2 CUP OF FRUIT**

**OR VEGETABLES DAILY\***

**BREAKFAST MEAL PRICES**

\$1.25 - ELEMENTARY  
\$0.30 - REDUCED  
**FREE LUNCH = FREE BREAKFAST**


**DAILY BREAKFAST OFFERINGS**

WHOLE GRAIN CEREAL OR CEREAL BAR  
100% FRUIT JUICES  
FRESH FRUIT  
MILK - VARIETY

**HOT ITEM EVERY FRIDAY**

**MILK VARIETY**

FAT FREE WHITE  
FAT FREE CHOCOLATE  
1% WHITE  
LACTAID

MON	TUE	WED	THU	FRI
<p><u><a href="#">NUTRITION TIP OF THE MONTH</a></u></p> <p>Teach children to make healthy choices that start at home.</p>	<p>1 Soft beef taco with shredded lettuce, tomato, cheese and salsa Brown rice Refried beans Mandarin oranges Fresh apple</p>	<p>2 Hot ham and cheese on a pretzel bun Hash brown patty Celery sticks with ranch dip Pineapple tidbits Craisins</p>	<p>3 WG turkey corn dog nuggets Crinkle cut fries Fresh baby carrots Diced pears Fresh apple slices</p>	<p>4 WG Big Daddy Harvest wedge pizza slice Orange glazed carrots Tossed garden salad Mixed fruit Petite banana</p>
<p>7 WG chicken patty on a wheat bun Vegetarian baked beans Lettuce and tomato slices Applesauce cup Fruitable juice box</p>	<p>8 WG rotini with meatballs served with a wheat breadstick Steamed green beans Romaine salad Peach slices Strawberry cup</p>	<p>9 WG chicken nuggets served with a wheat dinner roll and dipping sauce Potatoes that smile Sliced pears Fresh apple</p>	<p>10 Tomato soup with wheat saltine crackers Toasted cheese on wheat bread Assorted raw vegetables Pineapple tidbits Fresh apple</p>	<p>11 WG stuffed crust pizza slice Steamed broccoli Tossed garden salad Mandarin oranges Fresh apple slices</p>
<p>14 Bosco pepperoni and cheese sticks served with marinara sauce California vegetable blend Tossed garden salad WG mini chocolate chip cookies Craisins</p>	<p>15 WG lightly breaded chicken tenders served with a wheat dinner roll and dipping sauce Brown rice Seasoned peas Applesauce cup Fresh apple</p>	<p>16 Hot dog on a wheat bun Vegetarian baked beans Assorted raw vegetables Diced peaches 100% apple juice</p>	<p>17 Sloppy joe on a wheat bun Baked tater tots Tossed garden salad Mixed fruit Orange quarters</p>	<p>18 WG Mickey's red pizza slice Mixed vegetables Spinach salad Pineapple tidbits Petite banana</p>
<p>21 Macaroni and cheese Stewed tomatoes Raw broccoli tops Pear slices Raisins</p>	<p>22 Hamburger or cheeseburger on a wheat bun Sweet potato fries Lettuce and tomato slices Mandarin oranges Fresh apple</p>	<p>23 <b>Brunch for Lunch</b> WG French toast sticks with syrup Sausage patty Hash brown patty Orange quarters 100% orange juice</p>	<p>24 Chicken alfredo with a twist served with a wheat breadstick Seasoned peas Tossed garden salad Applesauce cup Fresh apple</p>	<p>25 <b>Early Dismissal</b> WG French bread pizza Broccoli and cauliflower blend Romaine salad with chick peas Apple slices Fruitable juice box</p>
<p>28 <b>SCHOOL CLOSED MEMORIAL DAY</b></p> 	<p>29 Cheesesteak wrap Sweet potato bites Tossed salad Applesauce cup Raisins</p>	<p>30 Buttered WG mini pierogies Seasoned peas Celery sticks with ranch dip Sliced pears Fresh apple</p>	<p>31 WG cheese lasagna rollup served with a wheat breadstick Steamed green beans Tossed salad Mixed fruit Fresh apple slices</p>	