

April 2018



Western Wayne School District  
High School



*USDA is an equal opportunity employer and provider.*

**MENU SUBJECT TO CHANGE**

**LUNCH MEAL PRICES**

\$2.75—HIGH SCHOOL  
\$0.40—REDUCED  
\$0.50—MILK VARIETY  
\$3.50—ADULT PRICE

**DAILY LUNCH OFFERINGS**

WHOLE GRAIN CHICKEN PATTY ON A WHEAT BUN SERVED ON BOTH THE GYM & LGI SERVING LINES

**DELI OPTIONS:**

**\*SERVED ONLY ON GYM SERVING SIDE\***  
WILDCAT HOAGIE  
PEANUT BUTTER AND JELLY  
CHEF SALAD  
LOWFAT YOGURT WITH GRAHAM CRACKERS

**\*STUDENTS MUST TAKE A 1/2 CUP OF FRUIT OR VEGETABLES DAILY\***

**BREAKFAST MEAL PRICES**

\$1.25—HIGH SCHOOL  
\$0.30—REDUCED

**DAILY BREAKFAST OFFERINGS**


WHOLE GRAIN CEREAL OR CEREAL BAR  
100% FRUIT JUICE  
FRESH FRUIT  
MILK—VARIETY

**HOT ITEM EVERY FRIDAY**

**MILK VARIETY**

FAT FREE WHITE  
FAT FREE CHOCOLATE  
1% WHITE  
LACTAID

**NUTRITION TIP OF THE MONTH**  
Celebrate Earth Day by eating cleaner, greener plant-based foods and incorporating strategies that are better for our environment.

MON	TUE	WED	THU	FRI
<p>2</p> <p>School Closed</p>  <p>Easter Break</p>	<p>3</p> <p><b><u>LGI</u></b> Cheese quesadilla pizza Steamed baby carrots Assorted raw vegetables Mixed fruit Fresh apple <b><u>GYM</u></b> Toasted cheese on wheat bread Tomato soup with wheat saltine crackers Assorted raw vegetables Mixed fruit Fresh apple</p>	<p>4</p> <p><b><u>LGI</u></b> WG chicken nuggets served with a wheat dinner roll and dipping sauce Potatoes that smile Fresh baby carrots Sliced pears Fresh apple <b><u>GYM</u></b> BBQ pork riblet on a wheat bun Potatoes that smile Fresh baby carrots Sliced pears Fresh apple</p>	<p>5</p> <p><b><u>LGI</u></b> WG rotini with meatballs served with a wheat breadstick Steamed green beans Romaine salad with roasted chick peas Pineapple tidbits Fresh apple slices <b><u>GYM</u></b> WG meat lover's stromboli with marinara sauce Steamed green beans Romaine salad with roasted chick peas Pineapple tidbits Fresh apple slices</p>	<p>6</p> <p><b><u>LGI</u></b> WG stuffed crust pizza Steamed broccoli Tossed garden salad Mandarin oranges Fruitable juice box <b><u>GYM</u></b> Potato and cheese pierogies Steamed broccoli Tossed garden salad Mandarin oranges Fruitable juice box</p>
<p>9</p> <p><b><u>LGI</u></b> Chicken alfredo with a twist served with a wheat breadstick California vegetable blend Tossed garden salad Applesauce cup WG mini chocolate chip cookies <b><u>GYM</u></b> Bosco pepperoni and cheese sticks with marinara sauce California vegetable blend Tossed garden salad Applesauce cup WG mini chocolate chip cookies</p>	<p>10</p> <p><b><u>LGI</u></b> <b><u>Wildcat Bowl</u></b> WG popcorn chicken topped with mashed potatoes, corn and low fat gravy Celery sticks with ranch dip Diced peaches Fresh apple <b><u>GYM</u></b> Shredded pork BBQ on a wheat bun Corn Celery sticks with ranch dip Diced peaches Fresh apple</p>	<p>11</p> <p><b><u>LGI</u></b> WG chicken drummies served with a wheat dinner roll Crinkle cut fries Tossed garden salad Strawberry cup Fresh apple <b><u>GYM</u></b> WG turkey corn dog nuggets Crinkle cut fries Tossed garden salad Strawberry cup Fresh apple</p>	<p>12</p> <p><b><u>LGI</u></b> Sloppy joe on a wheat bun Vegetarian baked beans Seasoned peas Mixed fruit Orange quarters <b><u>GYM</u></b> Cheesesteak wrap Vegetarian baked beans Seasoned peas Mixed fruit Orange quarters</p>	<p>13</p> <p><b><u>LGI</u></b> WG Mickey's red pizza slice Mixed vegetables Romaine and spinach salad Pineapple tidbits Petite banana <b><u>GYM</u></b> WG stuffed shells served with a wheat breadstick Mixed vegetables Romaine and spinach salad Pineapple tidbits Petite banana</p>

April 2018

Western Wayne School District  
High School

*USDA is an equal opportunity  
employer and provider.*

**MENU SUBJECT TO CHANGE**

MON	TUE	WED	THU	FRI
<p>16 <b>LGI</b> Macaroni and cheese Stewed tomatoes Raw broccoli tops Peach slices Craisins <b>GYM</b> Pizza burger on a wheat bun Tortilla chips with salsa Raw broccoli tops Peach slices Craisins</p>	<p>17 <b>LGI</b> Buffalo chicken tenders served with a wheat dinner roll Sweet potato fries Celery sticks with blue cheese Applesauce cup Fresh apple <b>GYM</b> WG 3-cheese calzone Sweet potato fries Celery sticks with blue cheese Applesauce cup Fresh apple</p>	<p>18 <b>LGI</b> <b>Brunch for Lunch</b> WG French toast sticks with syrup Sausage patty Hash brown patty 100% apple juice Orange quarters <b>GYM</b> Hot-n-spicy chicken patty on a wheat bun Hash brown patty Tossed garden salad 100% apple juice Orange quarters</p>	<p>19 <b>LGI</b> Hot dog on a wheat bun Vegetarian baked beans Assorted raw vegetables Pineapple tidbits Fresh apple <b>GYM</b> BBQ pork riblet on a wheat bun Vegetarian baked beans Assorted raw vegetables Pineapple tidbits Fresh apple</p>	<p>20 <b>LGI</b> WG French bread pizza Broccoli and cauliflower blend Romaine salad Mixed fruit Apple slices <b>GYM</b> Veal parm on a wheat bun Broccoli and cauliflower blend Romaine salad Mixed fruit Apple slices</p>
<p>23 <b>LGI</b> Meatball hoagie Steamed green beans Tossed garden salad Pineapple tidbits Fresh apple <b>GYM</b> WG meat lover's stromboli with marinara sauce Steamed green beans Tossed garden salad Pineapple tidbits Fresh apple</p>	<p>24 <b>LGI</b> Grilled chicken on a wheat Kaiser roll Oven baked fries Lettuce and tomato slices Sliced pears Raisins <b>LGI</b> Hamburger or cheeseburger on a wheat bun Oven baked fries Lettuce and tomato slices Sliced pears Raisins</p>	<p>25 <b>LGI</b> Buffalo chicken hoagie with celery and blue cheese Mixed vegetables Mixed fruit Fresh apple <b>GYM</b> Buttered WG mini cheese pierogies Mixed vegetables Celery sticks Mixed fruit Fresh apple</p>	<p>26 <b>LGI</b> WG cheese lasagna rollup served with a wheat breadstick California vegetable blend Romaine salad with roasted chick peas Fruitable juice box Apple slices <b>GYM</b> Shredded pork BBQ on a wheat bun California vegetable blend Romaine salad with roasted chick peas Fruitable juice box Apple slices</p>	<p>27 <b>LGI</b> WG round cheese or pepperoni pizza Steamed broccoli Fresh baby carrots Sliced peaches Petite banana <b>GYM</b> Fish fillet with cheese on a wheat bun with tartar sauce Steamed broccoli Fresh baby carrots Sliced peaches Petite banana</p>

**LUNCH MEAL PRICES**

\$2.75—HIGH SCHOOL  
\$0.40—REDUCED  
\$0.50—MILK VARIETY  
\$3.50—ADULT PRICE

**DAILY LUNCH OFFERINGS**

WHOLE GRAIN CHICKEN PATTY ON A WHEAT BUN SERVED ON BOTH THE GYM & LGI SERVING LINES

**DELI OPTIONS:**

**\*SERVED ONLY ON GYM SERVING SIDE\***  
WILDCAT HOAGIE  
PEANUT BUTTER AND JELLY  
CHEF SALAD  
LOWFAT YOGURT WITH GRAHAM CRACKERS

**\*STUDENTS MUST TAKE A 1/2 CUP OF FRUIT OR VEGETABLES DAILY\***

**BREAKFAST MEAL PRICES**

\$1.25—HIGH SCHOOL  
\$0.30—REDUCED

**DAILY BREAKFAST OFFERINGS**

WHOLE GRAIN CEREAL OR CEREAL BAR  
100% FRUIT JUICE  
FRESH FRUIT  
MILK—VARIETY

**HOT ITEM EVERY FRIDAY**

**MILK VARIETY**

FAT FREE WHITE  
FAT FREE CHOCOLATE  
1% WHITE  
LACTAID

**NUTRITION TIP OF THE MONTH**

Celebrate Earth Day by eating cleaner, greener plant-based foods and incorporating strategies that are better for our environment.