



April 2018

Western Wayne School District
EverGreen and Robert D. Wilson Schools

MENU SUBJECT TO CHANGE

MON	TUE	WED	THU	FRI
<p>2 School Closed</p>  <p>Easter Break</p>	<p>3 Tomato soup with wheat saltine crackers Toasted cheese on wheat bread Assorted raw vegetables Mixed fruit Fresh apple</p>	<p>4 WG chicken nuggets served with a wheat dinner roll and dipping sauce Potatoes that smile Fresh baby carrots Sliced pears Fresh apple</p>	<p>5 WG rotini with meatballs served with a wheat breadstick Steamed green beans Romaine salad with chick peas Pineapple tidbits Fresh apple slices</p>	<p>6 WG stuffed crust pizza slice Steamed broccoli Tossed garden salad Mandarin oranges Fruitable juice box</p>
<p>9 Bosco pepperoni and cheese sticks with marinara dipping sauce California vegetable blend Tossed garden salad Applesauce cup WG mini chocolate chip cookies</p>	<p>10 Wildcat Bowl WG popcorn chicken topped with mashed potatoes, corn and low fat gravy Celery sticks with ranch dip Diced peaches Fresh apple</p>	<p>11 WG turkey corn dog nuggets Crinkle cut fries Tossed garden salad Strawberry cup Fresh apple</p>	<p>12 Sloppy joe on a wheat bun Vegetarian baked beans Seasoned peas Mixed fruit Orange quarters</p>	<p>13 WG Mickey's red pizza slice Mixed vegetables Romaine and spinach salad Pineapple tidbits Petite banana</p>
<p>16 Macaroni and cheese Stewed tomatoes Raw broccoli tops Peach slices Craisins</p>	<p>17 WG chicken patty on a wheat bun Sweet potato fries Lettuce and tomato slices Applesauce cup Fresh apple</p>	<p>18 Brunch for Lunch WG French toast sticks served with syrup Sausage patty Hash brown patty 100% apple juice Orange quarters</p>	<p>19 Hot dog on a wheat bun Vegetarian baked beans Assorted raw vegetables Pineapple tidbits Fresh apple</p>	<p>20 WG French bread pizza Broccoli and cauliflower blend Romaine salad Mixed fruit Apple slices</p>
<p>23 Meatball hoagie Steamed green beans Tossed garden salad Pineapple tidbits Fresh apple</p>	<p>24 Hamburger or cheeseburger on a wheat bun Oven baked fries Lettuce and tomato slices Sliced pears Raisins</p>	<p>25 Buttered WG mini pierogies Mixed vegetables Celery sticks with ranch dip Mixed fruit Fresh apple</p>	<p>26 WG cheese lasagna roll-up served with a wheat breadstick California vegetable blend Romaine salad with roasted chick peas Fruitable juice box Apple slices</p>	<p>27 WG round cheese or pepperoni pizza Steamed broccoli Fresh baby carrots Sliced peaches Petite banana</p>
<p>30 Cheesesteak hoagie Sweet potato bites Tossed salad Applesauce cup Raisins</p>		<p><u>Nutrition Tip Of The Month</u> Celebrate Earth Day by eating cleaner, greener plant-based foods and incorporating strategies that are better for our environment.</p>		<p>USDA is an equal opportunity employer and provider.</p>

LUNCH MEAL PRICES

\$2.35 - ELEMENTARY
\$0.40 - REDUCED
\$0.50 - MILK VARIETY
\$3.50 ADULT LUNCH PRICE

DAILY LUNCH OFFERINGS

HOT ENTRÉE

OR

DELI OPTIONS:

TURKEY ON WHOLE GRAIN WHITE BREAD
PEANUT BUTTER AND JELLY UNCRUSTABLE

CHEF SALAD

YOGURT

YOU MUST CHOOSE AT LEAST 3 OF THE 5 COMPONENTS AVAILABLE FOR THE SCHOOL LUNCH PRICE:

MEAT/MEAT ALTERNATE

VEGETABLE

FRUIT

GRAIN/BREAD

MILK

STUDENTS MUST TAKE A 1/2 CUP OF FRUIT OR VEGETABLES DAILY

BREAKFAST MEAL PRICES

\$1.25 - ELEMENTARY
\$0.30 - REDUCED
FREE LUNCH = FREE BREAKFAST

DAILY BREAKFAST OFFERINGS

WHOLE GRAIN CEREAL OR CEREAL BAR
100% FRUIT JUICES
FRESH FRUIT
MILK - VARIETY

HOT ITEM EVERY FRIDAY

MILK VARIETY

FAT FREE WHITE
FAT FREE CHOCOLATE
1% WHITE
LACTAID