May 2017

Western Wayne School District
Middle School

MON	TUE	WED	THU	FRI
1 **A** Hamburger or cheeseburger on a wheat bun **B** Grilled chicken on a wheat Kaiser roll **Sides:** Vegetarian baked beans Lettuce and tomato slices Diced pears Fresh apple	2 **A** WG turkey corn dog nuggets **B** Cheesesteak wrap **Sides:** Crinkle cut fries Celery sticks with ranch dip Sliced peaches Melon cubes	3 **A** **Wildcat Bowl** WG popcorn chicken topped with mashed potatoes, corn and low fat gravy served with a wheat dinner roll **B** BBQ pork riblet on a wheat bun **Sides:** Corn Tossed garden salad Applesauce cup Raisins	4 **A** WG cheese lasagna roll up served with a wheat breadstick **B** WG cheese calzone **Sides:** Steamed green beans Romaine salad Mandarin oranges Fresh apple slices	5 **Cinco de Mayo** **A** Beef fiestada round pizza **B** Walking taco **Sides:** Corn Fresh baby carrots Apple churro Mixed fruit
8 **A** Chicken alfredo with a twist served with a wheat breadstick **B** Bosco pepperoni and cheese sticks with marinara sauce **Sides:** California vegetable blend Tossed garden salad WG mini chocolate chip cookies Fresh apple	9 **A** Hot dog on a wheat bun **B** Buffalo chicken hoagie with celery and blue cheese **Sides:** Vegetarian baked beans Assorted raw vegetables Diced peaches Fresh apple	10 **A** Teriyaki chicken dippers served with a wheat dinner roll **B** WG chicken egg roll **Sides:** Brown rice Seasoned peas Pineapple tidbits Orange quarters	11 **A** Sloppy joe on a wheat bun **B** WG chicken tenders served with a slice of wheat bread **Sides:** Baked tater tots Cucumber slices Fruitable juice box Fresh apple	12 **A** Big daddy WG rolled edge pizza slice **B** WG stuffed shells served with a wheat breadstick **Sides:** Orange glazed carrots Romaine salad Diced pears Petite banana
15 **A** Meatball hoagie **B** WG meat lover's stromboli with marinara sauce **Sides:** Steamed green beans Tossed garden salad Applesauce cup Raisins	16 **A** WG chicken nuggets served with a wheat dinner roll and dipping sauce **B** Shredded BBQ pork sliders **Sides:** Potatoes that smile Creamy coleslaw Mandarin oranges Fresh apple	17 **A** WG rotini with meat sauce served with a wheat breadstick **B** Hot-n-spicy chicken patty on a wheat bun **Sides:** Mixed vegetables Romaine salad with chick peas Applesauce cup Orange quarters	18 **A** Hot ham and cheese on a wheat bun **B** Pizza burger on a wheat bun **Sides:** Sweet potato bites Celery sticks Mixed fruit Fresh apple slices	19 **A** WG French bread pizza **B** Fish fillet with cheese on a wheat bun with tartar sauce **Sides:** Steamed broccoli Fresh baby carrots Pineapple tidbits Fresh apple

USDA is an equal opportunity employer and provider.

MENU SUBJECT TO CHANGE

LUNCH MEAL PRICES

$2.65—MIDDLE SCHOOL
$0.40—REDUCED
$0.50—MILK VARIETY
$3.40 ADULT LUNCH PRICE

DAILY LUNCH OFFERINGS

HOT ENTRÉES

CHOICES INCLUDE A WHOLE GRAIN CHICKEN PATTY ON A WHEAT BUN

DELI OPTIONS:

WILDCAT HOAGIE
PEANUT BUTTER AND JELLY
CHEF SALAD
YOGURT

STUDENTS MUST TAKE A 1/2 CUP OF FRUIT OR VEGETABLES DAILY

BREAKFAST MEAL PRICES

$1.25—MIDDLE SCHOOL
$0.30—REDUCED

DAILY BREAKFAST OFFERINGS

WHOLE GRAIN CEREAL OR CEREAL BAR
100% FRUIT JUICE
FRESH FRUIT
MILK—VARIETY

HOT ITEM EVERY FRIDAY

MILK VARIETY

FAT FREE WHITE
FAT FREE CHOCOLATE
1% WHITE
LACTAID

NUTRITION TIP OF THE MONTH

Remind kids to wash their hands for 20 seconds.

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MON	TUE	WED	THU	FRI
22 **A** Macaroni and cheese **B** Mickey's WG white pizza slice **Sides:** Stewed tomatoes Raw broccoli tops Sliced pears Fresh apple	23 **A** Buffalo chicken hoagie with celery and blue cheese **B** Potato and cheese pierogies **Sides:** Peas and carrots Tossed garden salad Mixed fruit Fresh apple	24 **Brunch for Lunch** WG French toast sticks with syrup Sausage patty Hash brown patty Applesauce cup 100% orange juice	25 **A** Toasted cheese on wheat bread **B** Hot-n-spicy chicken patty on a wheat bun **Sides:** Tomato soup with wheat saltine crackers Assorted raw vegetables Pineapple tidbits Strawberry cup	26 **Early Dismissal** **A** WG stuffed crust pizza **B** Veal parm on a wheat bun **Sides:** Mixed vegetables Romaine salad with chick peas Diced peaches Petite banana
29 SCHOOL IS CLOSED! 	30 **A** Cheesesteak hoagie **B** WG cheese calzone **Sides:** Sweet potato bites Tossed garden salad Diced pears Fresh apple	31 **A** Soft beef taco with shredded lettuce, tomato, cheese & salsa **B** WG meat lover's stromboli with marinara sauce **Sides:** Brown rice Corn Mandarin oranges Fruitable juice box		**Nutrition Tip Of The Month** Remind kids to wash their hands for 20 seconds.

All overdrawn accounts must be paid by June 2, 2017; after that meals must be pre-paid before service.

To check your students food service account balance log into myschoolaccount.com or call the food service office at 570-937-3085.

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FRESH FRUIT
MILK—VARIETY

HOT ITEM EVERY FRIDAY

MILK VARIETY

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FAT FREE CHOCOLATE
1% WHITE
LACTAID