


January 2018

Western Wayne School District  
EverGreen and Robert D. Wilson Schools

MON	TUE	WED	THU	FRI
1 NO SCHOOL  CHRISTMAS BREAK	2 Cheesesteak hoagie Sweet potato bites Fruitable juice box Applesauce cup	3 WG turkey corn dog nuggets Crinkle cut fries Fresh baby carrots Strawberry cup Fresh apple	4 Soft beef taco with shredded lettuce, tomato, cheese and salsa Brown rice Refried beans Mandarin oranges Fresh apple	5 WG French bread pizza Steamed broccoli Celery sticks with ranch dip Mixed fruit Petite banana
8 Bosco pepperoni and cheese sticks served with marinara sauce California mixed vegetables Tossed garden salad Applesauce cup WG mini chocolate chip cookies	9 Hot dog on a wheat bun Vegetarian baked beans Assorted raw vegetables Diced peaches Fresh apple	10 WG lightly breaded chicken tenders served with a wheat dinner roll and dipping sauce Mashed potatoes with gravy Buttered corn Pineapple tidbits Fresh apple	11 Sloppy joe on a wheat bun Baked tater tots Peas and carrots Mandarin oranges 100% apple juice	12 WG round cheese or pepperoni pizza Orange glazed carrots Spinach salad Diced pears Fresh apple slices
15 NO SCHOOL  I HAVE A DREAM   MARTIN LUTHER KING, JR. DAY	16 WG chicken patty on a wheat bun Potatoes that smile Lettuce and tomato slices Peaches slices Fresh apple	17 <b>Brunch for Lunch</b> WG French toast sticks with syrup Sausage patty Hash brown patty Applesauce cup 100% orange juice	18 Tomato soup with wheat saltine crackers Toasted cheese sandwich on wheat bread Assorted raw vegetables Mixed fruit Fresh apple	19 WG stuffed crust pizza Mixed vegetables Romaine salad with roasted chick peas Pineapple tidbits Petite banana
22 Macaroni and cheese Stewed tomatoes Raw broccoli tops Diced peaches Dried craisins	23 Meatball hoagie Steamed green beans Tossed garden salad Pineapple tidbits Fresh orange quarters	24 Buttered WG mini cheese pierogies Peas and carrots Celery sticks with ranch dip Sliced pears Fresh apple	25 WG cheese lasagna rollup served with a wheat bread stick Buttered corn Romaine salad with chick peas Fruitable juice box Fresh apple slices	26 WG Big Daddy Harvest wedge pizza slice California vegetable blend Fresh baby carrots Mixed fruit Fresh apple
29 Hamburger or cheeseburger on a wheat bun Oven baked sweet potato fries Lettuce and tomato slices Applesauce cup Fresh apple	30 WG chicken nuggets served with a wheat dinner roll and dipping sauce Potatoes that smile Tossed garden salad Diced peaches Fresh apple	31 Hot ham and cheese on a wheat pretzel bun Baked vegetarian beans Assorted raw vegetables Pineapple tidbits Fresh orange quarters	<b>Nutrition Tip of the Month</b> Turn the TV and cell phones off during meal time. Keep table talk positive fun family time.	Access account balances or to make an online payment at myschoolaccount.com

LUNCH MEAL PRICES

\$2.35 - ELEMENTARY  
\$0.40 - REDUCED  
\$0.50 - MILK VARIETY  
\$3.50 ADULT LUNCH PRICE

DAILY LUNCH OFFERINGS

HOT ENTRÉE

OR

DELI OPTIONS:

TURKEY ON WHOLE GRAIN WHITE BREAD  
PEANUT BUTTER AND JELLY UNCRUSTABLE  
CHEF SALAD  
YOGURT

YOU MUST CHOOSE AT LEAST 3 OF THE 5  
COMPONENTS AVAILABLE FOR THE SCHOOL  
LUNCH PRICE:

MEAT/MEAT ALTERNATE  
VEGETABLE  
FRUIT  
GRAIN/BREAD  
MILK

\*STUDENTS MUST TAKE A 1/2 CUP OF FRUIT  
OR VEGETABLES DAILY

BREAKFAST MEAL PRICES

\$1.25 - ELEMENTARY  
\$0.30 - REDUCED  
FREE LUNCH = FREE BREAKFAST

DAILY BREAKFAST OFFERINGS

WHOLE GRAIN CEREAL OR CEREAL BAR  
100% FRUIT JUICES  
FRESH FRUIT  
MILK - VARIETY

HOT ITEM EVERY FRIDAY

MILK VARIETY

FAT FREE WHITE  
FAT FREE CHOCOLATE  
1% WHITE  
LACTAID