

# **WESTERN WAYNE SCHOOL DISTRICT**

## **Student Sports and Activities Handbook**

**2018-2019**

**Grades 7-12**

*"Show class, have pride, and display character. If you do, winning takes care of itself"*  
~Paul Bryant



### **WESTERN WAYNE BOARD OF EDUCATION**

Mrs. Bernice Fiorella, President  
Mr. Rick Hoch, Vice President  
Mr. Jeffrey Gogolski, Treasurer  
Mr. Gary Enslin  
Mr. William Gershey  
Mr. Joseph Gombita  
Mr. Michael Ochlan  
Mr. Roger Shaffer, Jr.  
Mr. Ethan Wood



## **ADMINISTRATION**

Matthew Barrett, Ed.D., Superintendent  
Ellen M. Faliskie, Assistant Superintendent  
Rose E. Emmett, Business Manager/Board Secretary  
Paul B. Gregorski, II, High School Principal  
Kristen Donohue, Middle School Principal  
Justin Pidgeon, Evergreen Elementary Principal  
Maria Miller, Robert D. Wilson Principal  
Jennifer Bradley, High School Assistant Principal  
Elizabeth Watson, Middle School Assistant Principal  
Kerrie Fitzsimmons, Evergreen Elementary Assistant Principal  
Cynthia A. LaRosa, Director of Special Education  
Jennifer DeNike, Assistant Director of Special Education  
Kristin Johnson, School Psychologist (Elementary)  
Katie Shemanski, Psy.D., School Psychologist (Middle/High)  
Elizabeth Gregory, Early Intervention Supervisor  
Maria Liptak, Food Service Director  
Brian Seaman, Technology Director  
Joseph Dunda, Maintenance Supervisor

---

## **Title IX Compliance**

To comply with Federal Laws (including Title IX of Education Amendments of 1972), and Section 504 of the Rehabilitation Act of 1973 and the amendments of 1974, state law, and State Department of Education implementation, the Western Wayne School District declares itself to be an equal rights and opportunities agency. As an Equal Rights and Opportunities Agency, it does not discriminate against individuals or groups because of race, color, national origin, disabilities as defined by law. The Western Wayne School District's commitment to non-discrimination extends to students, employees, prospective employees, and the community.

# TABLE OF CONTENTS

Philosophy and Objectives.....	4
Amateur Status and Permissible Awards.....	4
Assumed Name .....	6
Athletic Equipment.....	6
Awards .....	6
Coaches' Rules .....	9
Communications .....	10
Contests and Practices – Middle School / Junior High .....	10
Contests and Practices – High School.....	10
Drugs / Alcohol / Drug Paraphernalia .....	10
Eligibility of Athletes.....	12
Age.....	12
Scholastic.....	12
Attendance.....	13
Discipline .....	13
Exchange Student Statement.....	13
Expectations of Student Participants .....	14
Fund Raising .....	14
ImPact (Concussion screening) .....	15
Late Buses .....	14
Medical and Insurance Requirements – Western Wayne.....	15
Medical Requirements – PIAA.....	16
Overlapping Sports Seasons .....	16
PIAA Parent Consent Requirement.....	16
Policy on Participation in District, Regional and State Playoffs.....	16
Postponement of Athletic Contests.....	16
Preparation for the First Practice.....	17
School Colors .....	17
School Logo.....	18
Season and Out-of-Season Rules and Regulations .....	18
Scrimmages .....	19
Student Interviews .....	19
Student Wellness.....	20
Tobacco Products .....	20
Varsity Club Awards Banquet.....	21
Western Wayne Training and Weight Rooms .....	21
Athlete Code of Conduct .....	Appendix A
Drug and Alcohol Agreement.....	Appendix B
Review of Student Activities Handbook Form.....	Appendix C

## **PHILOSOPHY AND OBJECTIVES**

Student participation in an activity is considered an educational learning experience in general. The aim of the **Student Activities Program** in the Western Wayne School District is to provide students with an opportunity to participate, in some way, in a series of contests, practices, and activities which will fill students' needs for learning experiences; promote friendly competition; foster school spirit; and teach citizenship through sportsmanship.

Primarily, the Activities Program should be considered a part of the school program, educational in purpose and conduct. School activities provide a basic educational need because they should be considered as advanced classes not only for the teaching of special skills, but also for instruction in general areas of health, sanitation, and safety. Therefore, it is essential that the **Student Activities Program** is consistent with our overall educational aims.

All interscholastic athletic programs shall be conducted in accordance with regulations of the State Board of Education and Pennsylvania Interscholastic Athletic Association (P.I.A.A.).

## **AMATEUR STATUS AND PERMISSIBLE AWARDS**

### **Section 1. Amateur Status Required**

In order to be eligible to participate in an interscholastic contest, a pupil must be an amateur in the sport involved. An amateur athlete is one who engages in athletic competition solely for the educational, physical, mental, social, and pleasure benefits derived there-from.

### **Section 2. Loss of Amateur Status**

An athlete loses his amateur status in an interscholastic sport whenever:

- A. He, or the school or organization which he represents receives compensation, other consideration, or an award not permitted under Section 4 hereof, for or related to his athletic ability, performance, participation, or services.
- B. He plays on a professional team or as an individual professional.
- C. He receives consideration for becoming a member of an athletic organization or school.
- D. He signs a contract whereby he agrees to compete in any athletic competition for consideration. It is not a violation for a high school baseball player to attend a professional baseball try-out camp, provided (1) that no expenses are paid him, and (2) his participation is otherwise in conformity with the National Federation Major-Minor League Agreement.
- E. He accepts compensation or other consideration for teaching, training, or coaching in a sport. It is not a violation of this rule for a high school athlete to receive normal and customary compensation for acting as an instructor in, or officiating recreational activities, or for serving as a lifeguard at swimming areas.
- F. He sells or pawns his athletic achievement awards.

### **Section 3. Definition of Consideration**

Consideration consists of cash, items which are the equivalent of cash, items which are a representation of value, and items which have intrinsic value other than those permitted under Section 4 hereof.

### **Section 4. Permissible Awards**

A school may purchase a sweater, jacket, blazer, blanket, shirt, jersey, watch, ring, scroll, photograph, medal, plaque, or similar trophy, with appropriate institutional insignia or comparable identification, for an athlete who has earned the official school letter or award, and present the same at the time the official school award is made.

The sponsor or sponsors of an athletic event or group of athletic events may purchase a sweater, jacket, blazer, blanket, shirt, jersey, watch, ring, scroll, photograph, medal, plaque, or similar trophy, with appropriate insignia or comparable identification, for an athlete who has earned the official award for the event or events, and present the same at the time the official award for the event or events is made.

A non-profit service organization approved by the school principal, or the news media, may purchase a sweater, jacket, blazer, blanket, shirt, jersey, watch, ring, scroll, photograph, medal, plaque, or similar trophy, with appropriate insignia or comparable identification for an athlete, in recognition of his athletic ability or performance, and present the same at a time appropriate to such recognition.

The institutions listed above in this Section 4 may also sponsor athletic banquets to which athletes may be invited, without charging admission to such athletes.

A pupil may accept from an institution of higher education which he visits in connection with his prospective or possible attendance there as a student, reasonable expenses necessitated by such visit, and free admission to home athletic events of such institution which occur during such visit.

### **Section 5. How Amateur Status Can Be Regained**

A player who has lost his amateur status may be reinstated by the suspending body after a period of one year from the date of suspension, provided that he refrains from all activity prohibited by Section 2 hereof during that year.

## ASSUMED NAME

A pupil who participates in an interscholastic athletic contest under a name other than his own shall be ineligible for one year from the date of such participation.

## ATHLETIC EQUIPMENT

The **Coach** will distribute uniforms prior to the start of the season. School Physicals, IMPACT Testing (if required for the sport), a signed copy of the "Western Wayne Athlete Code of Conduct", (Appendix A), the "Student Activities Handbook" signed, and any uniforms not returned from the previous sports season may result in no uniform give out at that time. **Students** will be responsible to return all of their equipment within five (5) school days of the last playing date of the season. **Students** will be expected to pay for lost or ruined equipment, unless the damage is a result of regular game or practice use. After five (5) days **ALL** of the following will apply until all items are paid for or returned.

## AWARDS

Requirements and regulations governing the earning and awarding of a varsity letter at Western Wayne High School are as follows:

### GENERAL REQUIREMENTS FOR ATHLETIC LETTERS

**All Athletes** must meet the following requirements to be eligible to receive an athletic letter. The criteria enumerated below are designed to ensure that an honest effort is taken to upgrade the quality of the performance of the individual athletes in varsity interscholastic sports at Western Wayne High School.

1. The **Student/Athlete** must meet PIAA and District/Conference requirements.
2. The activity must be approved and sponsored by the Western Wayne School District.
3. The activity must be **Coached/Advised** by a **Coach/Advisor** employed by the Western Wayne School District.
4. The **Student/Athlete** must abide by eligibility and training rules as established by the **Coach/Advisor**.
5. The **Student/Athlete** must meet all academic eligibility and good citizenship criteria as provided for in the Western Wayne High School regulations.
6. The **Student/Athlete** must have completed the entire season. In case of an intervening medical reason, **the Coach/Advisor** shall determine the eligibility of the participant.

7. The **Student/Athlete** participates in all practices and attends all competitions unless excused by the **Coach/Advisor**.
8. The **Student/Athlete** must have returned all equipment loaned to them by Western Wayne School District for all years of participation. Items not returned must be paid for by the **Student/Athlete**, unless exonerated by the **Athletic Director** or **Principal**.
9. Good sportsmanship must be exhibited at all times by the **Student/Athlete**.

### **SPECIFIC REQUIREMENTS BY SPORT ACTIVITY**

*(Only students in grades 9-12 , and play on a varsity team, are eligible to earn a varsity letter)*

#### **BASEBALL / SOFTBALL**

The athlete must complete or participate in at least two (2) innings in the field and one time up at bat or two (2) times at bat per game.

#### **BASKETBALL**

The athlete must have played in one-half (1/2) of all varsity quarters (1/4) of play for one (1) minute or more during the regular season. An athlete may also letter if they are a member of the varsity team for two consecutive seasons.

Any Varsity athlete may be awarded a letter if they had attended all in-season practices unless excused and their participation was a positive influence on all teammates. They have represented the team in a positive manner both on and off the court. Also, any athlete injured and unable to attain the above requirements may be awarded a Varsity letter as determined by the coaching staff.

#### **CHEERLEADING**

The participant must attend all practices and games unless excused by the **Coach**. The **Coach** will have the final word on lettering.

#### **CROSS COUNTRY**

The athlete must participate in all of the meets, including invitational events, unless excused by the head coach. The athlete should miss no more than three (3) practices, unless excused by the head coach. The athlete must follow each detail of the training program set forth by the coaching staff, starting with the first official practice of the season. The head coach will have the final say on the awarding of varsity letters.

## **FOOTBALL**

The athlete must have participated in at least one-half (1/2) of all varsity quarters unless excused by the **Coach**.

## **MARCHING BAND AND COLOR GUARD**

The Band and Color Guard members must have performed for one year and have participated in all practices and events unless excused by the **Director**.

## **SOCCER**

The athlete must participate in at least one-half (1/2) of all varsity matches and the athlete must have played at least twenty (20) minutes of each eighty (80) minute varsity match. A letter may also be awarded at the **coach's** discretion.

## **TENNIS**

The athlete must have played in at least one-half (1/2) of all varsity matches.

## **TRACK & FIELD**

The student/athlete must meet all academic eligibility and good citizenship criteria as provided for in the WWSD Student Activities Handbook.

The student/athlete must have completed the entire season. In case of an intervening medical reason, the **Coach/Advisor** shall determine the eligibility of the participant.

The student/athlete must have returned all equipment loaned to them by the Western Wayne School District for all years of participation. Items not returned must be paid for the student/athlete, unless exonerated by the **Athletic Director** or **Principal**.

Points scored: An athlete must accumulate at least 15 points during the year in scored varsity meets to receive a letter. Members of the 1<sup>st</sup> place relays will be awarded 1.25 points.

District Qualification: Any athlete that meets the district qualifying standard (during an individual event or relay) will be awarded a varsity letter. This does not include the automatics that are given to each team.

The head coach will have the final word on awarding varsity letters on a case by case basis to athletes who may not have accumulated the 15 individual points throughout the track and field season. Subsequent awards of the varsity letter (Service Pin) may, at the discretion of the head coach, be awarded to those athletes, who participate in all scheduled events, abide by the team rules, and maintain the highest standard of academic and athletic achievement as determined by the coach. (*WWSD Student Activities Handbook – Western Wayne Code of Conduct – Appendix A*)

## **VOLLEYBALL**

The athlete must have played in at least one-half (1/2) of all varsity games. A letter may also be awarded at the coach's discretion.



## WRESTLING

The athlete must wrestle in 10 varsity matches or more, or have shown dedication and steady improvement throughout an entire season. The head coach will make the final determination for lettering for each wrestler by the **Coach**. Awarding of the service pin will be done at the discretion of the **Head Coach**.

Student / managers, trainers, and scorekeepers – Students who satisfy a **Coach's/Advisor's** requirements will be awarded a varsity letter.

To comply with the requirements for earning a letter at Western Wayne it is necessary for the **Coach/Advisor** of each activity to submit a list of eligible recipients to the **Athletic Director** at the end of the season.

In the event the **Coach/Advisor** recommends a student receive a letter who has not met the above requirements, a written justification must be submitted by the **Coach/Advisor**. The justification will be reviewed and decided upon by the **Athletic Director** and the **Principal**. A service pin will be awarded to a participant each year he/she meets the requirements for earning a letter in a particular activity.

### TYPES OF AWARDS

- A. **VARSIITY LETTERS** – When a student meets all the requirements for a “Varsity Letter” in any activity, he/she will be awarded a Varsity size chenille emblem, jacket and a pin identifying that activity. For each subsequent varsity letter won, the student will receive the appropriate pin and certificate.
- B. **SPECIAL AWARDS FOR OUTSTANDING ACHIEVEMENT** – This is an award for “truly outstanding achievement”, determined by the Head **Coach/Advisor** to be presented at the **Varsity Club Sports Banquet**. Every sport will not automatically have a team member recognized every year.

## COACHES' RULES

**Coaches** may develop their own specific set of rules outlining their expectations, practice schedule, player conduct guidelines, and player obligations. Students will be given a copy, and will abide by such rules.

## COMMUNICATION

All communications, among and between players and coaches (outside of practices and contests), must be done through the school during school hours. If communication through the school is impossible, then coaches will assign a phone-chain, Western Wayne Web page, ([ww3.westernwayne.org](http://ww3.westernwayne.org)) use the "Remind App" or use social media (Facebook & Twitter School Accounts). Under no circumstances should players engage in communication with **Coaches/Advisors** through text messaging, social networking sites, or any other personal electronic communication that is not sponsored by the Western Wayne School District.

## CONTESTS AND PRACTICES – MIDDLE SCHOOL/JUNIOR HIGH

No Middle School/Junior High team representing any PIAA member school, no individual member or members of such team, and no individual representing any PIAA member school may practice or participate in any interscholastic athletic contest on more than **(5) five days** in any calendar week during the regular season.

## CONTESTS AND PRACTICES – HIGH SCHOOL

No Varsity or Junior Varsity team representing any PIAA member school, no individual member or members of such team, and no individual representing any PIAA member school may practice or participate in any interscholastic athletic contest on more than **(6) six days** in any calendar week during the regular season.

## DRUGS / ALCOHOL / DRUG PARAPHERNALIA

The Board recognizes that the abuse of drugs and alcohol is a serious problem with legal, physical and societal implications for the whole school community. As an educational institution, the District will strive to prevent abuse of such substances.

For purposes of this policy, "drugs" shall mean (a) all controlled substances prohibited by law; (b) any prescription or patent drug; (c) any steroid or other substance intended to enhance physical or athletic performance, except those for which permission for use in school has been granted pursuant to board policy; (d) any volatile solvents or inhalants, such as, but not limited to, glue and aerosol products; (e) all "look-alike" drugs; (f) all designer or synthetic drugs, whether prohibited by law or not; (g) any herbal or chemical product containing synthetic cannabinoids (commonly known as synthetic marijuana, K2 or Spice), irrespective of the legality of synthetic cannabinoids under Pennsylvania law; (h) any substance designed to or which operates in such a fashion as to impair, restrict or alter "normal" or "regular" cognitive or sensory functions; (e) all alcoholic beverages.

The Board prohibits (a) the use or ingestion, possession, distribution or transmission of drugs; (b) being under the influence of drugs; (c) attempts to use or ingest, possess, distribute or transmit drugs; and/or, (d) assisting, aiding or participating in the use or ingestion, possession, distribution or transmission of any drug during school hours, on School District owned or leased property or vehicles, or at any school-sponsored activities, or during the time spent traveling to and from school and school-sponsored activities.

The Board also prohibits (a) the possession, use, or distribution or transmission, (b) attempts to possess, use, or distribute or transmit, and/or (c) assisting, aiding or participating in the possession, use or distribution or transmission of drug paraphernalia.

Violation of this policy will result in immediate suspension from school and all school activities. A formal board hearing may be held which may result in the student being expelled from the Western Wayne School District.

**It should be noted that placement in an alternative educational setting is not the equivalent of expulsion.**

Students in violation of this policy shall be reported to civil authorities for appropriate legal action.

In each case, questionable substances found in the possession of any student will be forwarded to the State Police for analysis.

The circumstances involved with each drug related incident will be carefully evaluated to help insure that the concern for the health and welfare of the individual as well as the entire student body is reflected in the final disposition of each case.

Students seeking self-help and/or students seeking help for a friend will be guaranteed that strict confidentiality will be maintained to the extent permitted/required by law regarding the problem and/or the source of information.

Students are always encouraged to seek advice and assistance from their parents or guardians. However Act 63, Section 12 of the Pennsylvania Drug and Alcohol Control Act of 1972 States:

*"Consent of Minor - Notwithstanding any other provisions of law, a minor who suffers from the use of a controlled or harmful substance may give consent to furnishing of medical care or counseling related to diagnosis or treatment. The consent of the parents or legal guardian of the minor shall not be necessary to authorize medical care or counseling related to such diagnosis or treatment. The consent of the minor shall be valid and binding as if the minor had achieved his majority. Such consent shall not be voidable or subject to later disaffirmance because of minority. Any physician or any agency or organization operating a drug abuse program, which provides counseling to a minor who uses any controlled or harmful substance may, but shall not be obligated to inform the parents or legal guardian of any such minor as to the treatment given or needed."*

# ELIGIBILITY OF ATHLETES

The following eligibility rules will be in effect for students participating in interscholastic athletic activities.

## **AGE**

**High School** – A pupil shall be ineligible for interscholastic athletic competition upon attaining the age of nineteen with the following exception:

If the age of nineteen (19) is attained on or after July 1<sup>st</sup>, the pupil shall be eligible, age-wise, to compete through that school year.

**Middle School** – Involvement in interscholastic sports by a middle school student is limited to seventh and eighth grade students only. He/she is ineligible to compete in interscholastic athletic contests upon attaining the age of fifteen (15) years with the following exception:

If the age of fifteen (15) is attained on or after July 1<sup>st</sup>, the pupil shall be eligible to compete through that school year.

## **SCHOLASTIC**

1. Students may not be failing 2 or more subjects. Eligibility shall be cumulative from the beginning of a grading period, and shall be reported on a weekly basis. In cases where a student's cumulative work from the beginning of the grading period does not, as of any Friday, meet the standards provided for in this section, he/she shall be ineligible from the immediately following Sunday through the Saturday immediately following the next Friday as of which his cumulative work from the beginning of the grading period meets the standards provided for in this section. During this time, students will be on academic probation:
  - a) Students must attend at least one hour of remedial tutoring daily (Monday - Friday) prior to practicing.
  - b) Students will remain on academic probation until eligibility requirements are met.
  - c) Students on academic probation may practice but are not eligible to compete in games, matches, etc.
  - D) The Head Coach will make the decision as to whether the athlete can travel to away games
2. In order to be eligible for interscholastic athletics, a pupil may not have failed two or more subjects during the previous grading period, except as provided in Section 5. Back work may be made up, providing it is in accordance with the regular rules of the school.
3. In cases where a student's work in any preceding grading period does not meet the standards provided for in Section 2, said student shall be ineligible to participate in

interscholastic athletics for twenty (20) school days of the next grading period, beginning on the first day report cards are issued, except as provided in Section 5.

4. New pupils must meet eligibility requirements on curriculum. Pupils who are enrolled for the first time must comply with the requirements of the curriculum rules. The standing required for the preceding week, the preceding grading period, or the preceding year shall be obtained from the records of the last school which the pupil has attended.
5. At the end of the school year, the student's final credits in his subjects rather than his credits for the last grading period shall be used to determine his eligibility for the next grading period.
- 6 Eligibility lists for all sports in season, including Middle School student athletes, are to be generated by the beginning of the second week of interscholastic competition. **These lists are generated through GradeBook by the Athletic Director on the Thursday of each week.** Coaches will be notified by the athletic director by 3:00 P.M. on Friday concerning the ineligibility of any student.

### **ATTENDANCE**

1. You must be regularly enrolled in your school and in full-time attendance there.
2. You are eligible only at the school at which you are enrolled.
3. Students may become ineligible to participate due to excessive absences. Students absent 5 or more days after the end of the first marking period, 10 or more days after the end of second marking period, or 15 or more days after the end of the third marking period will be restricted from participating in extracurricular activities and athletics. Students reaching 20 days of absence at any point in the school year will be ineligible to participate in athletics and extracurricular activities.

### **DISCIPLINE**

1. Student's suspended out-of-school will be restricted from participating in all extracurricular activities during the suspension. They may not participate in practice sessions or be present as a spectator at any school sponsored function such as an athletic event. Each suspension day covers a 24-hour period.
2. Any student who is a persistent disciplinary problem will be made ineligible at the discretion of the **Administration**. Prior to such restriction, the **Administration** will discuss the student's behavior with the **Coach/Advisor** and **Athletic Director** in an attempt to correct the problem.
3. See the District Discipline Policies for additional information.
4. Also see rules for each extra-curricular activity provided by the **Coach/Advisor**.
5. **Student Athletes** are expected to abide by all team rules and procedures established by **Coaches**, in addition to the Western Wayne Athletic Code of

Conduct (Appendix A). Consequences for violation of rules will be handled according to District discipline policies.

## **EXCHANGE STUDENT STATEMENT**

Exchange students are eligible to participate in any athletic activity. They must:

- Be sponsored by a PA approved exchange student sponsoring organization.
- Meet all P.I.A.A. regulations and requirements.

It is the exchange student and involved **Coach's/Advisor's** responsibility to check with the **Athletic Director** and obtain and complete all the necessary paperwork.

## **EXPECTATIONS OF STUDENT PARTICIPANTS**

- ✓ Treat **Opponents** with respect; shake hands prior to and after contests.
- ✓ Respect judgment of **Contest Officials**, abide by rules of the contest and display no behavior that could incite fans. (*Pennsylvania law considers assaults on officials to be a first degree misdemeanor, punishable by a fine of \$10,000 and five years in prison*).
- ✓ Cooperate with **Officials, Coaches**, and fellow participants to conduct a fair contest.
- ✓ Accept seriously the responsibility and privilege of representing school and community; display positive public action at all times.
- ✓ Live up to the high standards of sportsmanship established by the **Coach**.

## **FUNDRAISING**

All fundraisers must be approved by the building principal. No food sales should occur during school hours and all sales after school are encouraged to follow the district nutrition standards as noted in the wellness policy.

## ImPACT

### (Immediate Post-Concussion Assessment and Cognitive Testing)

Athletes participating in contact sports, or as recommended by the athletic trainer, will be evaluated using ImPact, the first, most widely used and most scientifically validated computerized concussion evaluation system. Please see [www.impacttest.com](http://www.impacttest.com) for additional information.

## LATE BUSES

Western Wayne School District provides late buses for students participating in athletics and extra-curricular activities. **Riding on the late bus is a privilege, not a right.**

A pupil riding on a school bus is under the authority of the school and is expected to conduct himself/herself in the same manner he/she would in the classroom. The school, therefore, has the authority to adopt and enforce such regulations as may be necessary to maintain discipline on buses at all times. Maintaining good order on school buses requires the cooperation of pupils, parents, teachers, principals, and bus drivers. The driver of the bus shall report any misconduct to the **Assistant Principal**. (Referrals are to be made in writing on the appropriate form.)

Time schedules are High School: 5:30 PM and 6:00 PM, Middle School: 5:15 PM and 5:45 PM.

## MEDICAL AND INSURANCE REQUIREMENTS

The Western Wayne School District provides for physical examinations of all participants by the school physician. The **Head Coach** or **Advisor**, through the **Athletic Director** and the **School Nurse**, will schedule these examinations and notify the students of the examination time. It is the responsibility of the student to be present at the examination; absence places the burden of examination upon the student at his/her own expense.

No student is to participate in practice or games until properly examined by a physician.

All students shall present the Parents-Physician's Certificate, properly completed and signed by the parent, to the physician at the time of the physical examination. These certificates will be kept by the **Athletic Director**.

The Western Wayne School District provides limited accident insurance for varsity, junior varsity and 7<sup>th</sup> and 8<sup>th</sup> grade athletes. For all injuries incurred by the participant, the **Coach/Advisor** shall ensure that the proper accident report form of the company providing the school insurance is to be completed.

## **MEDICAL REQUIREMENTS**

### **PIAA**

No student shall be eligible to represent his/her high school or middle school in any interscholastic athletic contest unless he/she has been examined by a licensed physician of medicine or osteopathy or a certified school nurse practitioner before his/her first sports season of that academic year. A PIAA CIPPE form must be on file. Students may choose to have a physical by the school physician once a year, at no charge. This physical will be good for any sport that they participate in during the school year. However, a student will need an additional physical or medical clearance from his/her physician if he/she has suffered an illness or injury in which they were unable to participate in 25% or more of their regular season or if they have suffered an illness or injury which results in absence from school for 10 or more days and/or which requires surgery.

School district policy requires all interscholastic athletes, cheerleaders, and marching band members to meet the aforementioned medical requirements.

### **OVERLAPPING SPORTS SEASONS**

A student involved in any sport season must continue with that team until that season is finished. (Including PIAA Championships, if Western Wayne is involved, AAU sponsored teams or travel teams).

A student may begin practice in the next sport season after the following commitments are satisfied. All equipment and uniforms have been returned in satisfactory condition or paid for.

### **PIAA PARENT CONSENT REQUIREMENT**

A pupil shall be eligible for practice or participation in each sport only when there is a PIAA CIPPE form on file with the **Athletic Director**, signed by his/her parent or guardian.

### **POLICY ON PARTICIPATION IN DISTRICT, REGIONAL AND STATE PLAYOFFS**

Only students who qualify for this competition will be permitted to attend. Any exceptions must be approved by the **Administration**.

The costs associated with the approved activity shall be paid by the **School District**.



## POSTPONEMENT OF ATHLETIC CONTESTS

Athletic contests may be postponed due to weather or any other factor not conducive to good game conditions.

### Closing of School Because of Inclement Weather

Postponing of games and practices:

If school is closed because of inclement weather, all activities are postponed in all schools in the District (games, practices, etc.).

### Early Dismissal Because of Inclement Weather

All activities for after school hours will be cancelled, including games and practices.

## PREPARATION FOR THE FIRST PRACTICE

An announcement will be prepared by the **Head Coach/Advisor**, presented to the **Athletic Director**, and announced via the school's communication system, [ww3.westernwayne.org](http://ww3.westernwayne.org) website, or other approved school district social media sites for all students interested in trying out for the sport/activity. All student participants trying out for a sport/activity shall be present at the time of the tryouts unless excused by the **Principal, Athletic Director, and Coach/Advisor**. Announcements and information for fall sports and activities will be made/provided before the preceding school year ends.

A meeting shall be held for all students trying out for a sport, in accordance with PIAA regulations. At this time the **Coach/Advisor** will explain what is expected and required of the athlete who plans to participate. Parent permission forms, insurance requirements, written rules, etc. shall be distributed and reviewed at this time.

If any additional boys/girls join a squad after the roster has been submitted, a supplemental list will be forwarded to the faculty. It is the **Coach's/Advisor's** responsibility to contact the **Principal's Office** and keep the team roster up-to-date.

In following with the PIAA by-laws, the **School Nurse** will contact the school physician to set up a date for the physical examination of athletes. If the student is not present at the time the physical is set up by the athletic office, it will be the responsibility of the athlete, at his/her own expense, to go to his/her home physician to obtain the necessary examination or make an appointment with the team physician.

## SCHOOL COLORS

The school colors are **Black & Gold**. For the purpose of uniforms, **Vegas Gold** will be used.

## SCHOOL LOGO



Only the above logos will be used for all Western Wayne uniforms and merchandise.

## SEASON AND OUT-OF-SEASON RULES AND REGULATIONS

### Guidelines

Consistent with the concept that interscholastic athletics are a part of the educational system, and consistent with the established goals of health, safety, and sportsmanship, the following guidelines for out-of-season regulations are set forth:

- The basic responsibility of all Administrators and Athletic Coaches is to provide students, who are participating in Interscholastic Athletics, with a worthwhile, educational experience.
- All sports have a defined season, and no sport shall operate to the detriment of any other sport.
- The student should have the opportunity to participate in as many interscholastic athletic experiences as is reasonably possible, and anything that serves to prevent this opportunity is contrary to the philosophy of the PIAA.

### Rules and Regulations

As stated above, each player has a defined season which includes the first legal practice date, the first legal scrimmage date, the first legal playing date, the last legal playing date for the regular season, the district deadline, the dates for the PIAA championships, the maximum number of contests for the regular season and the maximum number of scrimmages or inter-school practices for the regular season. All member schools must comply with the defined season for each sport.

Within each defined season, member schools may sponsor sports teams which compete against other member schools or schools that follow all PIAA policies, rules, and regulations. Outside of the defined season for sports, member schools may not sponsor teams, but member schools and coaches and/or students of member schools may be involved with sports activities such as training programs, recreational activities, "open gyms", clinics and camps provided that the school does not sponsor teams, and provided that any participation by coaches and/or students is as private citizens and is voluntary as described below. Coaches and/or students acting as private citizens, and on a voluntary basis, may participate on teams

that are not affiliated with their school or other member schools during the out-of-season period as described below.

1. The coach or other personnel representing the school shall not require an athlete to participate in a sport or a training program for a sport outside of the PIAA-defined sport's season. The participation of students in any sports activity that occurs outside of its defined season must be voluntary.
2. In order to maintain eligibility to represent a member school in football, a student shall not participate in organized contact football camps, clinics, drills, practices, games, scrimmages, or similar contact activities outside the PIAA-defined football season.
3. The school's name, nickname, interscholastic athletic uniform, interscholastic athletic equipment, and interscholastic athletic health/first-aid supplies may not be used by community organizations or groups. The school's name, nickname and interscholastic athletic uniforms may not be used by students; however, the **Principal** may permit students to use the school's interscholastic equipment and the school's interscholastic athletic health/first-aid supplies.

Except as provided below, all activity in a sport, including practice shall terminate by the last legal playing date for the regular season in that sport unless the team is entered into the PIAA playoffs or PIAA tournament. If the team is entered into the PIAA playoffs or PIAA tournament, all activity in the sport must terminate on the day of elimination from the PIAA event.

With the approval of the District Committee, regular season contests which have been postponed may be rescheduled and played between the last legal playing date for the regular season in that sport and the district deadline in that sport. For purposes of the immediately preceding sentence, the date of playing of the last such postponed contest shall constitute the last legal playing date for the regular season in that sport.

## **SCRIMMAGES**

All scrimmage sessions must be sanctioned by the **Athletic Director** prior to their being held and will not be permitted in the school buildings or on school grounds on any legal holiday, unless agreed upon by both schools. Exhibition games and/or tournaments will be governed by the amount of monies allotted in the budget.

## **STUDENT INTERVIEWS**

A **Coach/Advisor** should be present at all prearranged interviews. The reporter should set up an appointment ahead of time so that the **Coach/Advisor** and the student(s) can prepare for the interview. If a student is approached by a reporter, he/she should inform the **Coach/Advisor** before talking to the reporter.

## **STUDENT WELLNESS**

Our district promotes healthy schools by supporting wellness, good nutrition, and regular physical activity as part of the total learning environment.

### **Western Wayne "Wild about Wellness"**

In 2004, the Child Nutrition and WIC Reauthorization Act, P.L. 108-265 was signed into law. P.L. 108-265 includes a mandate for all public school sponsors of the National School Lunch Program (NSLP) to have wellness policies in place by July 1, 2006. These policies must include:

1. Nutrition guidelines for all foods available on every school campus during the school day;
2. goals for nutrition education;
3. goals for physical activity; and
4. goals to promote student wellness in other school based activities.

In response to this mandate, the Western Wayne School District has developed the district's wellness policy. The wellness council includes members from the school board, administration, school nurses, health and physical education teachers, parents, community members, students and the director of food services. Once the wellness policy is adopted by the school board, building level sub committees will continue to meet to identify the goals for the items previously identified.

Much of the district's focus is on improving the nutrition and physical activity of our students and staff, since these are issues of major concern for the health of our school community. Pennsylvania's childhood obesity rates are even higher than the national averages and the district wants to work to help address the problem. Local concerns have been identified, priorities established, and the district will strive to promote health in our schools.

Western Wayne is committed to cultivating a healthy school environment for good nutrition and physical activity.

## **TOBACCO PRODUCTS**

Students are subject to the provision of State Law SB1315 which calls for a summary offense fine plus court costs for violating the tobacco policy. The law defines tobacco as "a lighted or unlighted cigarette, cigar, pipe, e-cigarettes, or other lighted smoking product and smokeless tobacco in any form."

Students should be aware that the mere possession of any tobacco product will result in fines plus court costs, and may result in dismissal from the team.

## **VARSITY CLUB AWARDS BANQUET**

At the end of the school year, the Western Wayne Varsity Club will arrange an awards banquet for all participants in varsity interscholastic sports. Parents, are invited to attend, meet the coaches and advisors, and help recognize student athletes.

A letterman's jacket may be earned by meeting the following criteria:

1. Student must be a sophomore or junior.
2. Student must have 2 years of participation in the same sport.
3. Student must earn a letter in that particular sport for 2 years.
4. Student must work at a Varsity Club concession stand at least 2 times time during the school year the jacket is earned. If you do not work, you will be responsible for either 1/2 or all of the jacket.
5. Seniors, even if is the 2<sup>nd</sup> year lettering in a sport, ARE NOT ELIGIBLE FOR JACKETS. Parents may purchase jackets on their own if they wish.

Details regarding the Varsity Club Awards Banquet will be published by the **Varsity Club Advisor** prior to the end of each school year, including location, time and date, dress code and so forth.

## **WESTERN WAYNE TRAINING AND WEIGHT ROOMS**

The weight room is to be locked after the last gym class each day. **No students are to be in the weight room unless a coach or advisor is present.** Students who are participating in the weight room should not be in other parts of the building unless directly supervised by a coach or advisor.

Gym attire should include, but not be limited to, shirts, shorts, and proper foot attire. If any piece of equipment is broken, the **Administration** and **Athletic Director or coach** should be **notified immediately.**

### **Alumni Students in Weight Room**

We welcome our alumni students to use to weight room after 5:30 PM. They are not allowed to work out with the current students at any time.

# Appendix A

## **Western Wayne 2018-2019 Athlete Code of Conduct**

1. I am a Western Wayne athlete. I represent my team, school, community, and family. I will always conduct myself in a manner that will make my team, school, and community proud.
2. I will not lie, cheat, steal, or tolerate those who do.
3. I will not use profanity and will respect PIAA official's decisions, no matter how much I may disagree with them.
4. I will be issued uniforms and equipment from Western Wayne. I will take care of my uniforms and equipment and will not lose any equipment. I will reimburse the District for any lost or missing equipment at the end of the season.
5. I will not taunt opponents or their fans, and will demonstrate good sportsmanship at all times, whether home or away.
6. I am a Western Wayne athlete on and off the field, 24 hours a day, and 7 days a week. My behavior at home, at school, and everywhere else will always come back to my team. I will remember that my teammates expect me to be on my best behavior at all times.
7. As a Western Wayne athlete, I am expected to be a good student first. I cannot help my teammates if I am not in good academic standing. I will maintain good grades as my first priority.
8. I will report all injuries to the coaching staff immediately, no matter how small the injury.
9. Western Wayne athletes do not fight with opponents, spit on opponents, nor act in a disgraceful unsportsmanlike manner. Violators will be removed from the team.
10. I will be a good sport in both victory and defeat. I will congratulate my opponents after competition and follow my coach's example.
11. I will be present at, and on time for all team functions, whether home or away unless properly excused by school authorities.
12. I will always take responsibility for my actions and not blame others.
13. I will always behave while riding buses to and from competition.
14. As a Western Wayne athlete, the word "can't" is not in my vocabulary. I can, and I will.
15. I am a Western Wayne athlete and represent the best of my school. I will always give my best effort in practice and competition.

---

Athlete's Signature

---

Date

---

Parent/Guardian Signature

---

Date

Appendix B

**WESTERN WAYNE SCHOOL DISTRICT  
2018-2019 School Year**

**CO-CURRICULAR/EXTRA-CURRICULAR ACTIVITIES DRUG & ALCOHOL  
AGREEMENT**

**Topic:** Out of school violations of the *Drug & Alcohol Agreement* during **all co-curricular seasons** in which the student/athlete participates, (when students **ARE NOT** under the jurisdiction of the school). If a student is at a party and alcohol or drugs are present/served, the student must leave **immediately**.

**Agreement:** When it has been determined with reasonable certainty, within the season of violation, that any student participating in a co-curricular/extra-curricular activity is found to be in violation of the student's drug and alcohol agreement, he/she will be subject to the following:

- **FIRST OFFENSE:** Parental Notification, SAP Team Referral. Dismissal from team. Must abide by SAP recommendations before joining a team the following season (fall, winter, spring).
- **SECOND OFFENSE:** Parental Notification, SAP Team Referral. Must undergo drug and alcohol assessment and follow recommendations of assessment. Loss of eligibility for all sports for one year.

In order for any Western Wayne School District student to participate in a co-curricular or extra-curricular activity **BOTH** the student's and parent's signature must appear below.

These forms must be returned to the coach/advisor within five (5) days of the first meeting date.

**FORMS ARE TO BE FILED WITH THE ASSISTANT PRINCIPAL**

**DATE:** \_\_\_\_\_ **ACTIVITY:** \_\_\_\_\_

**STUDENT'S NAME:**

\_\_\_\_\_  
(PRINTED)

Student's Signature: \_\_\_\_\_

**PARENT'S NAME:**

\_\_\_\_\_  
(PRINTED)

Parent's Signature: \_\_\_\_\_

Appendix C

**WESTERN WAYNE SCHOOL DISTRICT**

**2018-2019**

**STUDENT ACTIVITIES HANDBOOK**

*(For use by Students and Parents)*

I have read, had reviewed with me by my **Coach/Advisor**, and understand the Western Wayne Student Activities Handbook.

I also understand that it is my responsibility to take this handbook home and to review and discuss it with my parent or guardian. This is to be done prior to the start of the season.

---

***Student Signature***

---

***Grade***

---

***Date***

---

***Parent/Guardian Signature***

---

***Date***

**Return this form with required signatures to your Coach/Advisor prior to the start of the season.**

This form will be placed on file with the **Coach/Advisor**.