

June 2019

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Western Wayne School District
 EverGreen and Robert D. Wilson Schools
 Pre-K and Head Start

MON	TUE	WED	THU	FRI
<p><u>NUTRITION TIP OF THE MONTH</u> Healthy Summer Eating Tip Keep kids on a schedule for meals and snacks.</p>	<p>Please note: Any remaining balance will transfer to the 2019-2020 school year. Negative balances must be paid by June 7, 2019. Please call 937-3085 with any concerns or to check your students' food service account balance. All meal accounts must have funds prior to making a purchase.</p>			
<p>3 Soft beef taco with shredded lettuce, tomato, cheese and salsa Corn Applesauce cup</p>	<p>4 Brunch for Lunch WG French toast sticks with syrup Sausage patty Hash brown patty Orange quarters</p>	<p>5 Hamburger or cheeseburger on a wheat bun Vegetarian baked beans Fresh apple</p>	<p>6 Sloppy joe on a wheat bun Mixed vegetables Assorted canned fruit</p>	<p>7 Tomato soup with wheat crackers Toasted cheese on wheat bread Assorted canned fruit</p>
<p>10 Cheesesteak wrap Steamed broccoli Assorted canned fruit</p>	<p>Have a wonderful summer!</p>			

Menu Subject to Change

Daily Alternates:
 Smucker's PBJ uncrustable
 -or-
 Fruited Yogurt with Graham Crackers
Milk Choices Offered Daily at Lunch
 1% Low Fat White
 -or-
 Fat Free White

Summer Meals for KIDS



Hey Parents!

When school is out this summer, look for food meal programs in your community. The Summer Food Program provides free meals to children 18 years and younger. For more information about a site near you during the summer:
 Call: 211 or 1-866-3HUNGRY or 1-877-8HAMBRE
 Text: "Food" or "Comida" to 877877
 Visit: fns.usda.gov/summerfoodrocks
 Download: Range APP.org mobile app



Menu subject to change

Food Service Director: Maria Liptak, RD
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